

Frisco ISD Child Nutrition Department

Food Allergen Quick Reference List 2018-2019

Updated 8/14/18

Please read the following before continuing:

Foods containing potential food allergens for the eight most common allergies (Milk, Eggs, Peanuts, Treenuts, Soy, Wheat, Fish, & Shellfish) are listed in this document in addition to other comments or ingredients. **This is to be used as a resource guide only. It is not a guarantee of ingredients in all foods or menu items.** Products stocked by Frisco ISD may change due to supplier changes or substitutions.

Manufacturers may also change formulation and ingredient profiles without the knowledge of the Frisco ISD Child Nutrition Department.

Frisco ISD is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this document. The information is not intended as a substitute for advice from your physician or other healthcare professional. A detailed nutrition label book is available at the main Child Nutrition Office and may be viewed upon request with a scheduled appointment. For students that have severe food allergies it is strongly suggested that parents have a menu marked by a healthcare professional for the cafeteria staff to follow.

Parents should complete the Frisco ISD Food Allergy/Disability Substitution Request Form for any student that has food allergies and submit the completed and signed form to the main Child Nutrition Office. For this form to be accepted as complete, it must contain a physician's signature. This form can be found on our website (www.friscocafe.org) or from your student's cafeteria supervisor.

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This institution is an equal opportunity provider.

MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Baked Potato w/Cheese & Margarine (A-8022)	Baked Potato Cheese, Shredded American Margarine Pack	Smart Balance		X			X						
Baked Potato w/Nacho Cheese Sauce (A-8088)	Baked Potato Jalapeno Cheese Sauce	JTM Food Group	5708CE	X			X						Manufacturer states product is gluten free. Modified Food Starch-type not specified
BBQ Pork Bowl w/Roll (A-3193)	Pork BBQ w/vinegar marinade Hickory BBQ Sauce Mashed Potatoes Roll, Homemade Wheat (A-1001)	Brookwood Farms Clements Foods (Idahoan Real Low Sodium, Garlic Powder, Onion Powder, Salt, Margarine)					X						Contains corn syrup solids, garlic powder, spices Food starch modified, natural smoke flavoring, natural coloring, worcestershire Contains natural and artificial flavor
BBQ Pork Sandwich (A-5046a)	Whole Wheat Hamburger Bun Pork BBQ w/vinegar marinade Hickory BBQ Sauce	Kurz Bakery Brookwood Farms Clements Foods	304		X	X							Processed on equipment that processes products containing sesame seeds Contains corn syrup solids, garlic powder, spices Food starch modified, natural smoke flavoring, natural coloring, worcestershire
Bean & Cheese Burrito w/Cheese Sauce (A-3045b)	Whole Grain Cheese & Bean Burrito Queso Blanco	Fernando's JTM	5718		X	X	X						Contains corn, garlic Contains modified food starch. Product info states Gluten-Free.
Bean & Cheese Nachos (A-3010g)	Jalapeno Cheese Sauce Yellow Round--No Salt Tortilla Chips Refried Beans	JTM Food Group Barrel O Fun	5708CE 41406				X						Manufacturer states product is gluten free. Modified Food Starch-type not specified Contains whole corn, corn oil
Bean Dippers (A-3086) <i>*Note: beans and cheese are served in separate containers and on the side</i>	Homemade Black Bean Dip Jalapeno Cheese Sauce Yellow Round--No Salt Tortilla Chips	Black Beans, onion powder, garlic powder, chili powder, cumin, salt JTM Food Group Barrel O Fun	5708CE 41406	X				X					Manufacturer states product is gluten free. Modified Food Starch-type not specified Contains whole corn, corn oil
Beef Soft Taco (A-3065)	Beef Taco Meat Low Sodium Ultra Grain Flour Tortilla Shredded Cheddar Cheese	Integrated Foods Azteca Land O Lakes	0006109 25104		X	X							Contains hydrolyzed corn gluten, oats, garlic
Beef Taco Stick	Beef & Cheese	Hot off the Grill			X	X	X						
Biscuit w/Sausage (2) (A-9015b)	Whole Grain Biscuit Chicken Sausage Patty Margarine, Trans Fat Free	Pillsbury Tyson 17443-328 Ventura Foods	94562-32267		X		X						Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains no gluten Contains natural and artificial flavor
Breaded Cheese Sticks w/Marinara (A-3013)	Reduced Sodium Cheese Sticks w/Whole Grain Homemade Marinara Sauce (A-6001)	Farm Rich onion, basil, salt, tomato sauce, garlic, pepper	65219		X		X						Contains corn, garlic Contains Garlic, Natural Flavors
Breaded Oven Roasted Chicken w/Roll (A-3233a)	WG Breaded Chicken 8 pc Roll, Homemade Wheat (A-1001)	Gold Kist Farms			X					X			Contains corn, garlic
Broccoli Cheese Soup w/Roll (A-6008c)	Broccoli & Cheese Soup Roll, Homemade Wheat (A-1001)	JTM					X						Manufacturer states product is Gluten Free
Burrito, Bean & Cheese w/Green Chili	Los Cabos	94580			X	X	X						
Burrito, En Fuego, IW	Cabo Primo	65227			X	X	X						Contains Garlic Powder
Cheese Breadsticks (A-3133)	Wild Mike's	6" Cheese Filled Breadsticks			X	X	X						
Cheese Bites (A-3226)	Wild Mike's	Cheese Bites			X	X	X						

MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Cheeseburger (A-5031)	Whole Wheat Hamburger Bun	Kurz Bakery	304		X	X							Processed on equipment that processes products containing sesame seeds
	American Slice Cheese, Reduced Fat/Sodium	Land O Lakes	46288				X	X					
	Flamebroiled Steak Burger	Advance	3-15-320-09			*							*Belt Release: Soy Lecithin. Contains caramel color-manufacturer states caramel color does not contain gluten
Cheeseburgerw/Chorizo (A-5085)	Whole Wheat Hamburger Bun	Kurz Bakery	304		X	X							Processed on equipment that processes products containing sesame seeds
	American Slice Cheese, Reduced Fat/Sodium	Land O Lakes	46288				X	X					
	Flamebroiled Steak Burger	Advance	3-15-320-09			*							*Belt Release: Soy Lecithin. Contains caramel color-manufacturer states caramel color does not contain gluten
	Turkey Chorizo	Jennie-O				X							
Cheese Enchiladas	RF Monterey Jack Cheese	Cabo Real											
Cheese Nachos (A-3117)	Jalapeno Cheese Sauce	JTM Food Group	5708CE					X					Manufacturer states product is gluten free. Modified Food Starch-type not specified
	Yellow Round--No Salt Tortilla Chips	Barrel O Fun	41406	X									Contains whole corn, corn oil
Cheese Pizza (A-3220)	WG Thin Cheese Pizza	Alpha Foods Inc	AS162WT		X	X	X						Contains corn starch, garlic
Cheese Pizza	WG	Big Daddy's			X	X	X						
Cheese Pizza	WG Cheesy Bottom	Wild Mike's			X	X	X						
Cheese Pizza	WG Square	Tony's			X	X	X						
Cheese Stuffed Shells w/Breadstick (A-3150)	Whole Grain Cheese Stuffed Shells	Tasty Brands	00803WG				X			X			Contains garlic
	Homemade Marinara Sauce (A-6001)	onion, basil, salt, tomato sauce, garlic, pepper		X									Contains Garlic, Natural Flavors
	Parmesan Cheese		1060771				X						Contains cellulose
	Cheesy Garlic Breadstick	Bridgford	6787		X	X	X			X			Contains spices, vegetable mono-and di-glycerides, maltodextrin
Cheese Quesadilla (A-3109a)	Low Sodium Ultra Grain Flour Tortilla	Azteca	6009		X								
	Shredded Mozzarella Cheese	Land O Lakes	41698					X					
	Reduced Fat Shredded American Cheese	Land O Lakes						X					
Chicken & Waffles (A-9046a)	Whole Grain Waffles	Aunt Jemima			X	X	X			X			Contains modified food starch, natural flavor
	Margarine, Trans Fat Free	Ventura Foods	5972314				X	X					Contains Natural and Artificial Flavor
	Whole Grain Chicken Breast Tenders	Clux Deluxe	66210		X	*							Contains corn flour and modified corn starch, dextrose, dried garlic. *contains soybean oil
	Eggs								X				
Chicken & Cheese Taquito	Chicken & Cheese	El Monterey			X	X	X						
Chicken Alfredo (A-3192a)	Diced Chicken Strips	Gold Kist Farms	1230	X									Contains modified food starch, type not specified
	Whole Grain Rotini Pasta	Barilla	0003772			X				*			*Manufactured on equipment that processes products containing eggs
	Alfredo Sauce	JTM	5722CE					X					
	Pan Spray	Vegalene Allergen-Free		X									
Chicken Bites w/Breadstick	Mega Minis	Tysen				X							
	Cheesy Garlic Breadstick	Bridgford	6787		X	X	X			X			Contains spices, vegetable mono-and di-glycerides, maltodextrin
Chicken Caesar Salad w/Roll-HS (A-4024)	Romaine Lettuce	Fresh Produce		X									
	Grilled Chicken Breast Filet	Tyson Red Label Premium Unbreaded 38300-928	38300				X						Contains modified food starch-manufacturer states product does not contain gluten
	Parmesan Cheese		1060771					X					
	Lite Casear Dressing, Bulk	Ken's Foods	5401047				X	X				X	
	Roll, Homemade Wheat (A-1001)					X	X	X		*			*Some campuses may use pre-made roll dough, which contains eggs
Chicken Caesar Salad w/Roll-MS (A-4024b)	Romaine Lettuce	Fresh Produce		X									
	Diced Chicken Strips	Gold Kist Farms	1230	X									Contains modified food starch, type not specified
	Parmesan Cheese		1060771					X					
	Lite Casear Dressing, Bulk	Ken's Foods	5401047				X	X				X	
	Roll, Homemade Wheat (A-1001)					X	X	X		*			*Some campuses may use pre-made roll dough, which contains eggs

MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Chicken Chunks (Boneless Wing) (A-3016)	Whole Grain Chicken Breast Chunks	Perdue/Clux Delux	66195		X	X							Contains garlic, corn flour, corn syrup
Chicken Crispadora (Crispito) (A-3046)	Whole Grain Chicken Chili Filled Tortillas	Tyson	24569-928		X	*							Contains oats, modified food starch, corn starch, garlic powder, corn oil *Contains soybean oil
Chicken Fried Steak w/Roll (A-3014a)	Whole Grain Breaded Beef Patty Roll, Homemade Wheat (A-1001)	Advance	69011		X	X						X	Contains garlic, modified corn starch, hydrolyzed corn protein
Chicken Nuggets w/breadstick (A-3236a)	Snackatizers Cheesy Garlic Breadstick	Perdue Bridgford	89541 6787		X	*						X	Contains corn, garlic. *Contains soybean oil. Manufacturer does not list soy as allergen. Contains spices, vegetable mono-and di-glycerides, maltodextrin
Chicken Nuggets w/Texas Toast	Snackatizers Whole Wheat Texas Toast Margarine, Trans Fat Free	Perdue Kurz	89541		X	*		*	*				Contains corn, garlic. *Contains soybean oil. Manufacturer does not list soy as allergen. *Contains soybean oil. Manufactured in a facility that processes milk and tree nuts.
Chicken Sliders (A-5027)	Chicken Patty Whole Wheat Mini Hamburger Bun	Tyson 5778 Kurz Bakery	5778 309		X	X							Contains Garlic, beef as flavoring Contains corn syrup, caramel color
Chicken Tenders w/Roll (A-3157c)	Whole Grain Chicken Breast Tender Roll, Homemade Wheat (A-1001)	Clux Deluxe	66210		X	*						X	Contains corn flour and modified corn starch, dextrose, dried garlic. *contains soybean oil
Chicken Teriyaki GF		Asian Food Solutions	73005			X							Contains sesame oil
Chicken Teriyaki Bowl (A-3137d)	Diced Chicken Strips Teriyaki Glaze Veggie Rice	Gold Kist Farms Kikkoman Brown rice, peas, carrots, veg oil, soy sauce, salt, vegetable base	1230	X		X							Contains modified food starch, type not specified Contains corn, garlic Contains corn, garlic
Crispy Chicken Sandwich (A-5087) ES	Whole Wheat Hamburger Bun Whole Grain Chicken Breast Filet	Kurz Bakery Gold Kist Farms	304 7516		X	X						X	Processed on equipment that processes products containing sesame seeds
Crispy Chicken Sandwich (A-5001) MS	Whole Wheat Hamburger Bun Whole Grain Chicken Breast Filet	Kurz Bakery Clux Delux	304 66198		X	X							Processed on equipment that processes products containing sesame seeds Contains garlic powder, yellow corn flour *Contains soybean oil
Fish Bites w/Hushpuppies (A-3200)	WG Pollock Bites Hushpuppies	High Liner Foods Savannah Classics	26264		X	*	X					X	*May use soybean oil
Flamin Taco Quesadilla	Low Sodium Ultra Grain Flour Tortilla Turkey Chorizo Diced Onion Oil, Canola/Veg Reduced Fat Pepper Jack Cheese	Azteca Jennie-O Produce Land O Lakes	6009 44238		X		X						
French Toast Sticks w/Sausage (A-9032)	French Toast Sticks Chicken Sausage Patty	Michael Foods 46025-75010 Tyson 17443-328	3026153		X	X	X					X	Contains corn starch, natural flavors, and caramel color. Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains no gluten
French Toast Sticks w/Eggs (A-9031)	French Toast Sticks Eggs	Michael Foods Michael Foods	3026153 46025-65123-00		X	X	X					X	Contains corn starch, natural flavors, and caramel color.
Frito Chili Pie (A-3154)	Turkey Chili Frito's Reduced Fat Corn Chips Shredded Cheddar Cheese	Jennie-O Frito-Lay Land O Lakes	285428 25104	X									Contains spices, modified food starch, garlic info states No Allergens or Gluten Contains corn and corn oil
Galaxy Cheese Pizza (A-3181)	Cheese Pizza	Tony's	78364		X	X	X						Contains garlic.
Green Chile and Cheese Tamale	Tamale Queso Blanco	Del Real JTM	5718				X	X					Gluten Free Contains modified food starch. Product info states Gluten-Free.

MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Grilled Cheese, Individually Wrapped		Integrated Foods			X	X	X						

MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Grilled Chicken Sandwich	Whole Wheat Hamburger Bun	Kurz Bakery	304		X	X							Processed on equipment that processes products containing sesame seeds
	Grilled Chicken Breast Filet	Tyson Red Label Premium Unbreaded 38300-928	38300				X						Contains modified food starch-manufacturer states product does not contain gluten
Ham & Cheese Melt (A-5084)	Sliced Ham	Hormel Natural Choice	68240	X									
	American Slice Cheese, Reduced Fat/Sodium	Land O Lakes	46288				X	X					
	Whole Wheat Texas Toast	Kurz			X	*	*		*				*Contains soybean oil. Manufactured in a facility that processes milk and tree nuts.
	Margarine, Trans Fat Free	Ventura Foods	5972314				X	X					Contains Natural and Artificial Flavor
Hamburger	Whole Wheat Hamburger Bun	Kurz Bakery	304		X	X							Processed on equipment that processes products containing sesame seeds
	Flamebroiled Steak Burger	Advance	3-15-320-09				*						*Belt Release: Soy Lecithin. Contains caramel color-manufacturer states caramel color does not contain gluten
Hamburger Sliders (A-5026)	Whole Wheat Mini Hamburger Bun	Kurz Bakery	309		X	X							Contains corn syrup, caramel color
	Beef Slider Patty	Mini Charbroil Steak Burger-- Advance Foods	1-15-312-09				*						*Belt Release: Soy Lecithin. Contains Caramel Color-manufacturer states caramel color does not contain gluten
Honey Sriracha Chicken Bites ToGo	Breaded Sriracha chicken bites	Tyson			X								
Hummus Plate (A-3057c)	Hummus, Traditional	Grecian Delight				*	X						Contains Garlic, Sesame tahini, natural flavors, *modified food starch-type not specified, spices. *May contain soy ingredients.
	Flatbread	Pillsbury Panini Bread	137737000			X	*	X					
	Carrots	Fresh Produce		X									
	Cucumbers	Fresh Produce		X									
	Grapes	Fresh Produce		X									
Inside Out Ham & Cheese Sandwich (A-5040)	Sliced Ham	Hormel Natural Choice	68240	X									
	American Slice Cheese, Reduced Fat/Sodium	Land O Lakes	46288				X	X					
	Whole Wheat Hamburger Bun	Kurz Bakery	304		X	X							Processed on equipment that processes products containing sesame seeds
	Parmesan Cheese		1060771					X					Contains cellulose
Margarine, Trans Fat Free	Ventura Foods	5972314				X	X					Contains Natural and Artificial Flavor	
Lasagna Roll-Ups w/Breadstick (A-3249)	Cheese Lasagna Rolls	Tasty Brands			X		X						Contains modified food starch, type not specified. Contains garlic.
	Marinara Sauce	Red Gold		X									
	Cheesy Garlic Breadstick	Bridgford	6787		X	X	X			X			Contains spices, vegetable mono-and di-glycerides, maltodextrin
Macaroni and Cheese with Breadstick (A-3230)	Whole Grain Macaroni & Cheese	Land O Lakes	43274		X		X			X			Contains modified food starch
	Cheesy Garlic Breadstick	Bridgford	6787		X	X	X			X			Contains spices, vegetable mono-and di-glycerides, maltodextrin
Made-to-Order Pasta (MS) <i>students build pasta bowl from options</i>	Whole Grain Rotini Pasta	Barilla	0003772		X					*			*Manufactured on equipment that processes products containing eggs
	Beef Meatballs	Advance	CN 1-17-505-0		X	X	X						
	Grilled Chicken Breast Filet	Tyson Red Label Premium Unbreaded 38300-928	38300				X						Contains modified food starch-manufacturer states product does not contain gluten
	Chunky Marinara Sauce	onion, basil, salt, tomato sauce, garlic, pepper, diced tomatoes											
Alfredo Sauce	JTM	5722CE					X						
Made-to-Order Nachos (MS) <i>students build nacho bowl from options</i>	Yellow Round-No Salt Tortilla Chips	Barrel O Fun	41406	X									Contains whole corn, corn oil
	Diced Chicken Strips	Gold Kist Farms	1230	X									Contains modified food starch, type not specified
	Beef Taco Meat	Integrated Foods			X	X							Contains hydrolyzed corn gluten, oats, garlic
	Jalapeno Cheese Sauce	JTM Food Group	5708CE					X					Manufacturer states product is gluten free. Modified Food Starch-type not specified
Queso Blanco	JTM	5718				X	X					Contains modified food starch. Product info states Gluten-Free.	

MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Meatball Sub (A-5000)	Beef Meatballs	Advance	CN 1-17-505-0		X	X	X						
	Marinara Sauce (A-6001)	onion, basil, salt, tomato sauce, garlic, pepper		X									Contains Garlic, Natural Flavors
	Shredded Mozzarella Cheese	Land O Lakes	41698				X						
	Whole Grain French Bread	Pillsbury			X								
Mini Calzones	Cheese	Good Source			X	X	X						Contains garlic powder and dehydrated garlic
Mini Pizza Bagels	WG Mini Cheese Pizza Bagels	Tasty Brands	52222		X	X	X			*			Produced on equipment that also handles eggs
Mozzarella Pinwheel	IW WG Mozzarella Pinwheel	ES Foods	25401		X	X	X						
Munch Box (A-3180)	Star Sandwich Thin	Buena Vista			X	X							
	Shredded Mozzarella Cheese	Land O Lakes	41698				X						
	Turkey Pepperoni	Jennie-O		X									Contains corn syrup, dextrose, garlic powder. Manufacture states does not contain allergens or gluten
	Marinara Sauce Cup	Red Gold		X		*							Product information states Gluten-Free, No Allergens. *Contains Soybean Oil
Orange Chicken w/Brown Rice (A-3058b)	Popcorn Chicken Breast Chunk Fritters	Koch	86318		X					X			Contains modified food starch, garlic powder, corn flour,
	Less Sodium Orange Sauce	Chef's Corner	69143		X	X							
	Brown Rice	Riceland Foods Inc	4487609	X									
	Vegetable Base LS	Minor's	5814397	X									Contains corn oil, cornstarch, hydrolyzed corn protein*No added MSG other than that which naturally occurs in the hydrolyzed proteins and yeast extract.
	Seasonings	Onion, salt, pepper		X									
Oven Fried Chicken	Gold Kist Farms				X					X			
Pancakes w/Eggs (A-9033)	Whole Grain Pancakes	Aunt Jemima	43582		X	X	X			X			Contains corn
	Eggs	Michael Foods	46025-65123-00							X			
Pancakes w/Sausage (A-9019a)	Whole Grain Pancakes	Aunt Jemima	43582		X	X	X			X			Contains corn
	Chicken Sausage Patty	Tyson 17443-328		X									Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains
Pepperoni Pizza (A-3221)	WG Thin Cheese Pizza	Alpha Foods Inc	AS162WT		X	X	X						Contains corn starch, garlic
	Pepperoni Slices	Smithfield		X									Contains Dextrose
Pepperoni Pizza (A-3011)	Big Daddy's				X	X	X						
	Pepperoni Slices	Armour		X									Contains Dextrose
Pepperoni Pizza (A-3270a)	Wild Mike's				X	X	X						
	Pepperoni Slices	Armour		X									Contains Dextrose
Pizzadilla	Low Sodium Ultra Grain Tortilla	Azteca	06109		X								
	Shredded Mozzarella Cheese	Land O Lakes	41698				X						
	Turkey Pepperoni	Jennie-O		X									Contains corn syrup, dextrose, garlic powder. Manufacturer states does not contain allergens or gluten
	Marinara Sauce (A-6001)	onion, basil, salt, tomato sauce, garlic, pepper		X									Contains Garlic, Natural Flavors
Popcorn Chicken Salad w/Roll (A-4000a)	Popcorn Chicken Breast Chunk Fritters	Koch	86318		X					X			Contains modified food starch, garlic powder, corn flour,
	Romaine and Leaf Lettuce, Tomato	Fresh Produce		X									
	Shredded 50% Reduced Sodium 50% Reduced Fat Cheddar Cheese	Land O Lakes	25104				X						
	Roll, Homemade Wheat (A-1001)				X	X	X			*			*Some campuses may use pre-made roll dough, which contains eggs
Popcorn Chicken w/Biscuit (A-3223)	Popcorn Chicken Breast Chunk Fritters	Koch	86318		X					X			Contains modified food starch, garlic powder, corn flour,
	Whole Grain Biscuit	Pillsbury	94562-32267		X		X						

MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Popcorn Chicken Bowl-MS (A-3257)	Popcorn Chicken Breast Chunk Fritters	Koch	86318		X					X			Contains modified food starch, garlic powder, corn flour,
	Mashed Potatoes	(Idahoan Real Low Sodium, Garlic Powder, Onion Powder, Salt, Margarine)				X	X						
	Shreded 50% Reduced Sodium 50% Reduced Fat Cheddar Cheese	Land O Lakes	25104				X						
Pork BBQ Sandwich	Pork BBQ w/vinegar marinade	Brookwood Farms					X						Contains corn syrup solids, garlic powder, spices
	Hickory BBQ Sauce	Clements Foods		X									Food starch modified, natural smoke flavoring, natural coloring, worcestershire
	Whole Wheat Hamburger Bun	Kurz Bakery	304		X	X							Processed on equipment that processes products containing sesame seeds
Protein Power Box (A-3205)	Oven Roasted Turkey Stick	Jennie-O		X									
	Hard Boiled Egg									X			
	Whole Grain Mini Pretzels	Snyder's of Hanover			X								
	Applesauce Cup			X									
Quesadilla, Cheese & Green Chili (HS)	Cheese and Green Chile	Cabo Primo			X	X	X						
Rotini with Meat Sauce (A-3006)	Whole Grain Rotini Pasta	Barilla	0003772		X					*			*Manufactured on equipment that processes products containing eggs
	Turkey Spaghetti Sauce	Jennie-O	0285328	X									Contains garlic powder, modified food starch. Manufacturer states no allergens or gluten.
	Canola Salad Oil		1799840	X									
Rotisserie Chicken w/Roll (A-3060a)	Whole Fryer Chicken	Koch Foods		X									
	Rotisserie Seasoning Spice	Sysco		X									Contains Garlic, Spices
	Roll, Homemade Wheat (A-1001)				X	X	X			*			*Some campuses may use pre-made roll dough, which contains eggs
Roasted Chicken, 4 pc	Breast/Thigh	Gold Kist Farms		X									
Sandwich, Turkey & Cheese	Wheat Bread	HEB	900066		X	*							Manufactured in a facility that processes milk. *Contains Soybean oil.
	Turkey	Jennie-O Natural Choice		X									
	American Slice Cheese, Reduced Fat/Sodium	Land O Lakes	900264			X	X						
Sandwich, Turkey Club	Skinny White Whole Wheat Hoagie	Kurz	22343		X	X							Contains corn syrup, caramel coloring
	Turkey	Jennie-O Natural Choice		X									
	American Slice Cheese, Reduced Fat/Sodium	Land O Lakes	900264			X	X						
	Bacon			X									
	Lettuce & Tomato			X									
Sausage Pizza (A-3220a)	WG Thin Cheese Pizza	Alpha Foods Inc	AS162WT		X	X	X						Contains corn starch, garlic
	Turkey Italian Sausage	Jennie O		X									Contains Garlic
Sausage & Pepperoni Pizza (A-3011a)	Pepperoni Pizza	Big Daddies			X	X	X						Garlic
	Turkey Italian Sausage	Jennie-O		X									Garlic powder
Shrimp Poppers w/Hushpuppies (A-3063)	Shrimp Poppers	SeaPak 47039			X	X	X				X		Contains corn and garlic
	Hushpuppies	Savannah Classics			X	X	X			X			
Skinny Dip'n Chik'n	Pierce Chicken			X									
Smart Mouth Cheese Pizza (A-3081)	SM Honey Wheat Dough	Bulls Eye Brands			X	*							*Dough may contain soy
	SM Pizza Sauce	Bulls Eye Brands		X									Contains Modified food starch, garlic, natural flavors
	SM Mozzarella Cheese	Bulls Eye Brands					X						Contains modified food starch, flavors
Smart Mouth Pepperoni Pizza (A-3082)	SM Honey Wheat Dough	Bulls Eye Brands			X	*							*Dough may contain soy
	SM Pizza Sauce	Bulls Eye Brands		X									Contains Modified food starch, garlic, natural flavors
	SM Pepperoni	Bulls Eye Brands		X									Contains pork, spice, & flavoring
	SM Mozzarella Cheese	Bulls Eye Brands					X						Contains modified food starch, flavors
Smart Mouth Buffalo Chicken Pizza	SM Honey Wheat Dough	Bulls Eye Brands			X	*							*Dough may contain soy
	Buffalo Sauce	Frank's RedHOT		X									Contains Natural Flavor, Garlic
	SM Mozzarella Cheese	Bulls Eye Brands					X						Contains modified food starch, flavors
	Diced Chicken Strips	Gold Kist Farms	1230	X									Contains modified food starch, type not specified

MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Texas Toast Grilled Cheese (A-5071)	Whole Wheat Texas Toast Cheese, Sliced American Margarine, Trans Fat Free	Kurz			X	*	*		*				*Contains soybean oil. Manufactured in a facility that processes milk and tree nuts.
Teriyaki Chicken Bowl (MS) (A-3137c)	Diced Chicken Strips Teriyaki Glaze Steamed Brown Rice(A-1004)	Gold Kist Farms Kikkoman Brown Rice Oil Minor's LS Vegetable Base Salt	1230	X		X							Contains modified food starch, type not specified Contains corn, garlic Contains corn oil, cornstarch, hydrolyzed corn protein*No added MSG other than that which naturally occurs in the hydrolyzed proteins and yeast extract.
Tony's Stuffed Sticks (A-3033)	Whole Grain Cheese Stuffed Sticks	Schwan	73338		X	X	X					X	Contains corn oil, dextrose, modified food starch, garlic powder
Turkey & Cheese Sandwich (A-5072)	Thin Sliced White Wheat Bread Natural Choice Tender Browned Turkey Breast	Kurz Jennie-O	22101 846902		X		*						*Contains soybean oil. Soy not listed as an allergen. Made in a facility that processes milk.
Vegetable Pinwheel	IW WG Vegetable Pinwheel	ES Foods	25417		X	X	X						
Waffles & Sausage	Waffles Margarine, Trans Fat Free Chicken Sausage Patty Cheese, Sliced American	Bake Crafters Tyson 17443-328	1453		X	X	X					X	Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains...
Yogurt Trio (A-3005c)	Nonfat Yogurt Light Mozzarella String Cheese Stick Chocolate Chip Scone	Yoplait, Raspberry Land O Lakes Fat Cat	59703				X						Contains corn starch Prepared in a Nut-Free facility. Manufactured on equipment that also processes eggs.
Yogurt & Fruit Box (A-3246)	Yogurt, Strawberry-Banana Light Mozzarella String Cheese Stick Applesauce Cup, Strawberry unsweetened Graham Snack, Jurassic Park	Yoplait Land O Lakes Kellogg's	59703	9162	X								Contains corn starch

MENU VEGETABLES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Corn (A-8007)	Corn, Frozen		2514974	X									
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
Cucumber Slices (A-8015)	Cucumber	Fresh Produce		X									
Curly Fries (A-8016)	Seasoned Spiral Fries	McCain	1000004108	X		*							*May contain Soybean Oil
Edamame (A-8058)	Edamame	Simplot				X							
Edamame Succotash/Confetti Corn	Edamame Blend (Soybeans, Corn, Red Bell Pepper)	Simplot				X							
French Fries, Crinkle Cut (A-8010)	Concertinas	Lamb Weston	X14	X									Contains Dextrose
French Fries, Strait Cut-Seasoned		Simplot		X		*							Contains soybean oil, corn flour, garlic powder, dextrose
Garden Side Salad (A-4010)	Green Leaf Lettuce	Fresh Produce		X									
	Romaine Lettuce	Fresh Produce		X									
	Red Cabbage	Fresh Produce		X									
	Cherry Tomato	Fresh Produce		X									
	Fresh Carrots	Fresh Produce		X									
Ginger Glazed Carrots (A-7058)	Baby Carrots	Fresh Produce		X									
	Butter Blend					X	X						
	Brown Sugar			X									
	Lemon Juice			X									
	Spices (ginger, black pepper, salt)			X									
Green Beans (A-8086)	Green Beans, Frozen	Allen Canning 1092533	6018388										
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
	Spices (garlic powder, onion powder, black pepper, salt)			X									
Lettuce & Tomato Cup (A-8039)	Romaine Lettuce	Fresh Produce		X									
	Whole Fresh Tomato	Fresh Produce		X									
Lettuce/Tomato/Pickle Cup (A-8004)	Romaine Lettuce	Fresh Produce		X									
	Whole Fresh Tomato	Fresh Produce		X									
	Dill Pickle Slices		4521613	X									Contains Natural Flavors
Mashed Potatoes (A-7054)	Mashed Potatoes	Idahoan Real Low Sodium				X	X						
	Spices	Garlic Powder, Onion Powder, Salt		X									
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
Peas (A-8041)	Green Peas			X									
	Onion			X									
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor

MENU VEGETABLES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Potato Wedges (A8003)		McCain OIF00024A	0041539			*							May contain soybean oil, sunflower oil. Manufacturer states contains no added gluten ingredients or gluten sourced ingredients.
Homemade Refried Beans (A-8017a)	Pinto beans, spices (garlic, chili powder, cumin, paprika, onion powder, salt), canola oil			X									Contains garlic.
Red Pepper Strips w/Carrots (A-8063)	Red Bell Pepper Fresh Carrots	Fresh Produce Fresh Produce		X X									
Roasted California Vegetables (A-8051)	California Blend Frozen Vegetables Salad Oil Italian Spices Garlic Powder Salt Pepper	Simplot Spice Spice Sysco	5315555 1799840 5239611 4002994 5331048	X X X X X X									
Roasted Redskin Potatoes with Rosemary and Garlic		McCain MCF04851		X									Contains Garlic, Natural Flavor. Manufacturer states contains no added gluten ingredients or gluten sourced ingredients.
Roasted Spiced Cauliflower (A-7056)	Fresh Cauliflower Florets Salad Oil Spices (chili powder, paprika, salt) Lemon Juice	Fresh Produce		X X X X									
Spinach Side Salad	Spinach Cherry Tomato Red Onion	Fresh Produce Fresh Produce Fresh Produce		X X X									
Steamed Broccoli-Plain (A-8042a)	Broccoli, Frozen	Allen Canning 255956	1614635	X									
Street Corn Salad (A-8091)	Corn Feta cheese Light Mayo Cilantro & Jalapeno cndd Spices: Garlic Powder, Mrs Dash Fiesta Lime	Produce Hellman's Fresh Produce Spices		X		*	X				X		Contains: Soybean Oil, Corn and Potato Starch
Sweet Potato Crosstrax	Sweet Potato Fries	McCain MCF05074		X									Contains caramel color, natural flavors Manufacturer states no added gluten ingredients or gluten sourced ingredients.
Tater Tots	Reduced Sodium Tater Tots	Ore-Ida	1000002789	X		*							Contains soybean oil

MENU CONDIMENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Fat Free Pepper Gravy Mix	Morrisons 7244	9534421		X	*	X						Contains *Soybean Oil, Modified Food Starch-type not specified
Cream Cheese	Block & Barrel					X						
Jelly	House Recipe	4216016	X									
Pancake Syrup	House Recipe	1696608	X									Contains Natural and Artificial Flavors and Caramel Color
Honey Mustard Sauce, 1 oz	House Recipe, Sysco	4551727			*				X			*Contains Soybean Oil
Honey Mustard Dressing, 1.5 oz	Kraft				*				X			*Contains Soybean Oil
CannonBall BBQ Sauce	Ken's Steak House	4794640	X									Contains Modified Food Starch-type not specified, Sunflower Oil, Garlic, Caramel
BBQ Sauce 1 oz PC	Red Gold		X									
Smart Balance Buttery Spread, PC					X							
Fat Free Sour Cream, 1 oz	Land O Lakes					X						Modified Food Starch-type not specified
Hidden Valley Ranch Dressing					*	X			X			Contains *Soybean Oil, MSG, Modified Food Starch, Natural and Artificial flavors
Ken's Caesar Dressing, 1.5 oz	Ken's Foods				*	X					X	Contains *Soybean Oil, Garlic
Italian Dressing, Fat Free 1.5 oz	Ken's Foods	5954250	X									Contains Natural Flavor, yellow #5, yellow #6, and Sunflower oil
Mayo, Light	Hellman's								X			Contains: Soybean Oil, Corn and Potato Starch
Ranch Dressing, (Salad Bar)	Foothill Farms Mix (dressing mix, mayonnaise, & milk)				*	X			X			Garlic, Natural Flavor. * Soybean oil
Ranch Dressing, PC (12gms)	Sysco	5112735			*	X			X			Contains *Soybean Oil, Garlic
Italian Dressing, PC	Sysco	5126651			*							Contains *Soybean Oil, Garlic
Mustard, PC	Sysco	5106059	X									Contains Garlic
Heinz Fat Free Mayo	Heinz	6735138			X	X			X			
Picante Sauce, PC		5483441	X									Contains Garlic
Sriracha Ketchup	Red Gold		X									Contains Garlic
Tomato Ketchup, 9 g packets	Red Gold REDY59G		X									
Marinara	Red Gold 1/2 Cup		X									
Tartar Sauce		6569214			*				X			Contains *Soybean Oil, Modified Food Starch, Natural Flavors

BEVERAGES	INGREDIENTS	PRODUCT	DISTRIB. CODE	NONE	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Bottled Water		Nestle Pure Life		X									
Chocolate Milk	Skim	Oak Farms/TruMoo	23736				X						
White Milk	1%	Oak Farms	23100				X						
Izze Blackberry	Sparkling Fruit Juice	Izze Sparkling Juice		X									Contains natural flavors
Izze Clementine	Sparkling Fruit Juice	Izze Sparkling Juice		X									Contains natural flavors
Izze Apple	Sparkling Fruit Juice	Izze Sparkling Juice		X									Contains natural flavors
The Switch,Hard Core Apple	Sparkling Fruit Juice			X									Contains natural flavors
Juice Bowl Orange Juice	100% fruit juice	Juice Bowl		X									
Juice Bowl Grape Juice	100% fruit juice	Juice Bowl		X									
Juice Bowl Apple Juice	100% fruit juice	Juice Bowl		X									
Juice Bowl Fruit Punch	100% fruit juice	Juice Bowl		X									
Juice Bowl Veg & Fruit Blend	100% fruit juice	Juice Bowl		X									
Strawberry Kiwi 100% Juice	100% fruit juice	Tropicana		X									Contains Red 40
G2 Glacier Freeze		Gatorade		X									Contains natural flavor, sucralose, acesulfame potassium, and Blue 1
G2 Mixed Berry Clear		Gatorade		X									Contains natural flavor, sucralose, and acesulfame potassium
G2 Grape		Gatorade		X									Contains natural and artificial flavor, sucralose, acesulfame potassium, Red 40, and Blue 1
Ready Nutrition	Protein Water	Blueberry					X						
Ready Nutrition	Protein Water	Pink Grapefruit					X						

BREAKFAST ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Assorted Cereal w/Toast	Cereal, Cheerios	Gen Mills 32262000		X									Oats, corn starch
	Cereal, Cinnamon Toast Crunch	Gen Mills 11815000			X	X							
	Cereal, Apple Cinnamon Cheerios	Gen Mills 31879000			X								Oats, Corn meal
	Cereal, Fruity Cheerios	Gen Mills 31916000			X								Oats, Corn, Red 40, Yellow 6, Blue1
	Cereal, Golden Grahams	Gen Mills 11943000			X								Corn
	Cereal, Rice Chex	Gen Mills 31921000		X									
	Cereal, Rice Krispies	Kellogg's		X									
Wheat Toast (A-1002)	Kurz			X	X	X							
Chicken Biscuit (A-9008)	Chicken Patty	Tyson 5778	5778		X	X							Contains Garlic
	Whole Grain Biscuit	Pillsbury	94562-32267		X		X						
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
Chocolate Chip Scone		Fat Cat Bakery			X		X		*			*Prepared on equipment that also processes eggs. Made in a Nut-Free Facility	
Cinnamon Roll, Whole Wheat		Hadley Farms	1670IW		X	X							
Crescents, Grape Filled		Pillsbury			X		X						
Crescents, Chocolate Filled		Pillsbury			X		X						
Cocoa Cherry Nutrition Bar		Zee Zees	GFC800W G		X	X							
Egg, Cheese, Chorizo Taco (A-9090)	Low Sodium Ultra Grain Flour Tortilla	Azteca	0006109		X								
	Eggs									X			
	Shredded Cheddar	Land O Lakes	25104				X						
	Turkey Chorizo	Jennie-O	639740			X							Contains Garlic
Egg and Turkey Bacon Breakfast Boat		ConAgra			X	X	X			X			Contains modified food starch, corn starch, hydrolyzed corn protein
Eggstravaganza	Cheese & Bacon	Sunny Fresh				X			X				
Egg Patty, 3.5" Round		Sunny Fresh				X			X				
French Toast Sticks (A-9026)		Michael Foods 46025-75010	3026153		X	X	X			X			Contains corn starch, natural flavors, and caramel color.

BREAKFAST ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
French Toast, Mini, Triple Berry Blast		Pillsbury			X	X	X			X			
Maple Biscuit with Sausage	Chicken Sausage Patty	Tyson 17443-328		X									Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains no gluten. Contains Beef Flavoring.
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
	Maple Biscuit	Bridgford	6245		X	X	X						Contains cornstarch
Maple Breadstick	Maple Bread Stick	Wild Mike's	11004		X	X	X						
Maple-Burstin Mini Pancakes		Pillsbury			X		X			X			Contains natural and artificial flavor
Confetti Mini Pancakes		Eggo			X	X	X			X			
Mini Bagels- Cinnamon		Pillsbury			X	*	X						Contains maltodextrin, modified corn starch *contains soybean oil
Mini Cinnis		Pillsbury			X		X						Contains modified corn starch
Muffin Mix		Gold Medal			X	X	X			X			
Pancake on a Stick, Whole Grain (A-9007)	Maple Flavor	Foster Farms 95121			X	X				X			Contains Caramel Color, Corn Starch
	Turkey Pancake Wrap												
Pancake Bites		Rich's			X	X	X			X			
Sausage & Gravy Breakfast Pizza		Tony's			X	X	X						
Sausage Kolache		Eddy	2545-CN		X	X	X			X			Contains corn syrup, spices, dextrose, garlic, caramel color
Sunrise Stick	Beef & Cheese	Hot off the Grill			X	X	X						
Taco, IW	Egg & Cheese	El Monterey			X		X			X			
Toast, WG Apple Cinnamon		Good Source	222M		X	X	X						
Waffles with Egg (A-9022)	Whole Grain Waffles	Aunt Jemima 43577			X	X	X			X			
	Scrambled Eggs (A-9017)		2366607							X			
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
Yogurt with Cinnamon Toast	Upstate Farms Yogurt	Cherry Vanilla and Strawberry					X						
	Whole Wheat Cinnamon Bread	Kurz	22219		X	X							Contains corn syrup
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor

SNACKS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	OTHER
Chips												
Chips, BBQ Baked Lays (ES only)	Frito Lay				X	X						Contains Corn, Garlic.
Chips, 0.7oz, RF Cheetos Mellow Puffs	Frito Lay 21910	2255848				X						Contains Corn, MSG, Yellow 6, Yellow 5. Gluten Free
Chips, 0.7 oz, Cheetos Flamin Hot Puffs						X						Contains Corn, MSG, Red 40, Red 40 Lake, Yellow 6, Yellow 6 Lake, Yellow 5, garlic powder
Chips, 0.75 oz WG Funyuns	Frito Lay					X						Contains MSG, corn, garlic powder
Chips, 0.85 oz Baked Ruffles Cheddar & Sour Cream					X	X						Contains corn, MSG, Yellow 6, Yellow 5, Yellow 6 Lake, Yellow 5 Lake, garlic powder.
Chips, 0.875 oz. Baked Lays Sour Cream & Onion (MS only)					X	X						Contains corn.
Chips, 0.875 oz Cheetos Baked (MS & HS only)	Frito Lay					X						Contains Corn, MSG, Yellow 6
Chips, 0.875 oz Cheetos Baked Flamin' Hot (MS and HS only)	Frito Lay					X						Contains corn, MSG, Red 40 Lake, Yellow 6 Lake, Yellow 6, Yellow 5, garlic
Chips, 0.875 oz Cheetos Baked White Cheddar Cheese	Frito Lay					X						
Chips, 1oz. Cheetos Fantastix Chili Cheese (MS and HS only)	Frito Lay 36098	5261708				X						Contains Corn, MSG, Natural and Artificial Flavors, Yellow 5 & Yellow 6. Gluten Free
Chips, 1oz. Cheetos Fantastix Hot	Frito Lay 43578	6888479				X						Contains Garlic, MSG, Red 40, & Yellow 6. Gluten Free
Chips, 1oz. Doritos RF Cool Ranch (MS and HS only)	Frito Lay 36096	5073130				X						Contains Corn, Garlic, MSG, Natural and Artificial flavor, Yellow 5, Blue 1, Red 40. Manufacturer states does not contain gluten ingredients.
Chips, 1 oz. Doritos RF Flamas	Frito Lay					X						Contains Corn, MSG, Red 40 Lake, Yellow 6 Lake, Garlic
Chips, 1 oz Doritos RF Spicy Sweet Chili (MS and HS only)	Frito Lay 49093			X	X							Contains Corn, Garlic, MSG, caramel color, corn
Chips, 1oz. Doritos RF Nacho Cheese (MS and HS only)	Frito Lay 31748	6626774				X						Contains Corn, Garlic, MSG, natural and artificial flavor, Yellow 5, Yellow 6, Red 40. Manufacturer states does not contain gluten ingredients.
Chips, 1 oz. Doritos Wild White Nacho	Frito Lay					X						Contains corn, garlic.
Chips, 1.375 oz Kettle BBQ (HS Only)						X						Contains garlic, maltodextrin (from corn)
Chips, 1.375 oz Kettle jalapeno (HS Only)						X						Contains garlic, maltodextrin (from corn)
Chips, 1.375 oz Kettle Original (HS only)	Frito Lay		X									
Chips, 1.375 oz Kettle Salt & Vinegar (HS only)	Frito Lay											
Chips, 0.875 oz Tostitos Baked Scoops	Frito Lay 42537	6510388	X									Contains Corn. May contain Sunflower Oil. No preservatives Gluten Free
Chips, TGI Friday's Dill Pickle	TGI Friday's				*							*Contains soybean oil. Certified Gluten Free
Chips, TGI Friday's Extreme Heat	TGI Friday's				*	X						*Contains soybean oil. Certified Gluten Free
Pirate's Booty Aged White Cheddar						X						Gluten Free. Made in a peanut and tree nut free facility.
Dairy Snacks												

SNACKS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	OTHER
Yoplait Go BIG yogurt	Yoplait					X						Contains Kosher Gelatin
Trix Raspberry Rainbow	Yoplait					X						Gluten free, no gelatin, no artificial flavors or colors, no HFCS, Kosher.
Trix Triple Cherry	Yoplait					X						Gluten free, no gelatin, no artificial flavors or colors, no HFCS, Kosher.
Trix Strawberry Banana	Yoplait					X						Gluten free, no gelatin, no artificial flavors or colors, no HFCS, Kosher.
String Cheese	Land O Lakes	59703				X						
Co-Jack Cheese Cubes	Land O Lakes					X						
Snack Bars/Granola Bars												
Cocoa Cherry Bar	Zee Zee's			X	X							Nut Free Facility. Contains corn syrup,cellulose fiber maltodextrin.
Brownie WG	Cookie Tree			X	X	X			X			Contains coconut, corn starch
Pop Tart, Blueberry				X	X							contains gelatin, corn starch, caramel color, red 40, blue 2, blue 1,
Rice Krispies Treats					X	X						
Rice Krispies Treats, Chocolate Chip	Kellogg's					X	X					Contains Gelatin
Rice Krispies Treats, Cocoa Krispies	Kellogg's					X	X					Contains Gelatin
Crackers, Snack Mixes, & Popcorn												
Cheddar Goldfish, Made with Whole Grain (0.75 oz)	Pepperidge Farm	6599405		X		X						
Cheddar Bunnies	Annie's			X		X						
Cheetos Trax Crackers 0.87 oz	Frito Lay			X	X	X						No MSG, no articial flavors, no colors from artificial sources
Whole Grain Cheez-it 0.5oz	Kellogg's 09685	2098629		X	X	X						
Quaker Munchies Snack Mix (.875 oz)	Frito Lay 36308	5073089		X	*	X						Contains Oat Flour, MSG, Yellow #5, & Yellow #6, Modified Food Starch, Coconut Oil, Garlic, Natural Flavors
Popcorn, Kettlecorn	Popcorn, Indiana					*	*	*	*			*Produced in a facility that uses milk, soy, peanuts, and tree nuts.
Popcorn, White Cheddar Smartfood Delight	Pepsico					X						Gluten Free. Contains Natural Flavors, Corn
Graham Snack, Jurassic Park	Kellogg's			X	X	X						
Zee Zees Grahamz, Original	National Food Group			X	X							Made in a nut free facility
Zee Zees Grahamz, Birthday Cake	National Food Group			X	X							Made in a nut free facility
Elf Grahams, Chocolate	Kellogg's	7628		X	X							
Cookies												
Cookie, Whole Grain Chocolate chip, Individually Wrapped	Buena Vista	79015		X	X	X			X			Buena Vista is a peanut and tree nut free plant
Cookie, WG Triple Chocolate Filled, Individually Wrapped (MS and HS only)	Rich's	3593		X	X	X	*	*	X			Contains corn flour *Manufactured on shared equipment with peanuts and tree nuts
Cookie, WG Double Fudge	Buena Vista			X	X	X			X			

SNACKS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	OTHER
Cookie, WG Confetti Cake, Filled, Individually Wrapped (MS and HS only)	Rich's	2151		X	X	X	*	*	X			Contains corn flour on shared equipment with peanuts and tree nuts
Cookie, WG Sugar	Buena Vista	79815		X		X			X			
Mini Chocolate Chip Cookies	Grandma's			X	X	X	*	*				*Made on equipment that makes products containing peanuts and tree nuts.
Oatmeal Heart Shaped Cookie	LUX			X					X			
Frozen Treats												
Bomb Pop, Strawberry Raspberry	Wells's FoodService					*	**	**				*May contain milk. **Manufactured in a facility that processes almonds, brazil nuts, cashews, coconut, hazelnuts, macadamia nuts, peanuts, pecans, pine-nuts, pistachios, walnuts.
Bomb Pop, Strawberry Banana	Wells's FoodService					*	**	**				*May contain milk. **Manufactured in a facility that processes almonds, brazil nuts, cashews, coconut, hazelnuts, macadamia nuts, peanuts, pecans, pine-nuts, pistachios, walnuts.
Bomb Pop, Banana Fudge	Wells's FoodService					X	*	*				*Manufactured in a facility that processes almonds, brazil nuts, cashews, coconut, hazelnuts, macadamia nuts, peanuts, pecans, pine-nuts, pistachios, walnuts.
Sidekicks, Frozen 100% Juice, Cherry Lemonade	Ridgefields		X									Gluten Free. Contains Natural Flavors
Sidekicks, Frozen 100% Juice, Strawberry-Mango	Ridgefields		X									Gluten Free. Contains Natural & Artificial Flavors
Sidekicks, Frozen 100% Juice, Banana-Cherry			X									
Smoothie-on-a-Stick, Strawberry Banana	Jonny Pops					X						
Smoothie-on-a-Stick, Triple Berry	Jonny Pops					X						
Kiwi Strawberry 100% Juice Slush	Ice Dog		X									Contains maltodextrin, cellulose gum
Blue Raspberry 100% Juice Slush	Ice Dog		X									Contains maltodextrin, cellulose gum
Watermelon 100% Juice Slush	Ice Dog		X									Contains maltodextrin
Low Fat Cookies N Cream Cone	Hershey's Ice Cream	7007724		X	X	X						Contains high fructose corn syrup, artificial flavor
Reduced Fat Vanilla Ice Cream Sandwich	Hershey's Ice Cream	7007734		X	X	X						Contains corn syrup, high fructose corn syrup, caramel color, dextrose
Chocolate Scooter Ice Cream Bar	Hershey's Ice Cream	7007740		X	X	X						Contains corn syrup, high fructose corn syrup, caramel color, dextrose, FD&C Blue #1, Red #40
Frozen Yogurt, Ultimate Chocolate	Mixmi	4700				X						Gluten Free
Frozen Yogurt, Vanilla Cupcake	Mixmi	4701				X						Gluten Free
Chocolate Vanilla Twist Cone	Hershey's Ice Cream			X	X	X						Caramel color, artificial flavor
Holiday Ice Cream Cup, Vanilla & Cholate Sauce	Hershey's Ice Cream					X						Artificial flavor, caramel color, yellow #5, Yellow #6, red #40

SNACKS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	OTHER
Holiday Ice Cream Cup, Chocolate Mint	Hershey's Ice Cream					X						Artificial flavor, caramel color, yellow #5, Blue #1
Juice Rush, Strawberry Mango	Hershey's Ice Cream		X									
Brownie Batter Ice Cream Sandwich				X	X	X						
Miscellaneous Snacks												
Fruit Snacks	Welch's	14498	X									Contains Inulin, Gelatin, Coconut Oil, Red 40, and Blue 1
Fruit Snacks- Mixed Berry	Mott's		X									No artificial colors, no artificial flavors
Muffin, WG Blueberry	Buena Vista	64131 IW		X		X				X		
Muffin, WG Cherry	Buena Vista	64172		X		X				X		
Muffin, WG Lemon	Buena Vista			X		X				X		
Muffin Top, WG Blueberry	Buena Vista	63131		X		X				X		
Raisins, Sour Strawberry	Sun Maid	5086	X									
Whole Grain Cinnamon Roll	Hadley Farms			X	X							

HS DELI LINE CHOICES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Veggie/Cheese Sandwich on Hoagie	Skinny White Whole Wheat Hoagie	Kurz	22343		X	X							Contains corn syrup, caramel coloring
	Reduced Fat Swiss Slice	Land O Lakes	44261				X						
	Pepper Jack Slice	Land O Lakes	44238				X						
	Lettuce and Tomato	Fresh Produce		X									
Snack Bistro Box	Lettuce & Tomato	Produce		X									
	Panini Bread	Pillsbury	137737000		X	*	X						*May contain soy
	Nonfat Yogurt, Cherry-Vanilla	Upstate Farm	MPC9819				X						Contains modified corn starch
	Light Mozzarella String Cheese Stick	Land O Lakes	59703				X						
	Diced Peach Cup			X									
Protein Bistro Box	Carrot Sticks			X									
	Panini Bread	Pillsbury	137737000		X	*	X						*May contain soy
	Hard Boiled Egg									X			
	Light Mozzarella String Cheese Stick	Land O Lakes	59703				X						
Tuna Salad Sandwich	Diced Peach Cup			X									
	Carrot Sticks			X									
	Sliced Wheat Bread				X	*	*						Contains High Fructose Corn Syrup, *soybean oil. *Manufactured in a facility that processes milk.
	Light Mayo	Hellman's				*				X			Contains modified food starch (corn, potato). *Contains soybean oil
	Egg	Fresh Whole Eggs								X			
	Sweet Relish	Bay Valley Foods		X									Manufacturer label states product is gluten-free. Contains mustard, high fructose corn syrup, spices
	Celery Sticks	Fresh Produce		X									
Yellow Onion	Fresh Produce		X										
Toasted Chicken Fajita Sandwich	Canned Tuna	Chicken of the Sea										X	
	Fajita Chicken Strips	Tyson	522-928				X						Contains garlic, dextrose, maltodextrin, modified food starch-type not specified. Product info states no gluten-containing ingredients.
	Pepper Jack Slice	Land O Lakes	44238				X						
	Whole Grain Sub Roll	Rich's	8763		X	*	*			*			*May contain milk, egg, soy, and sesame
Spicy Cheese Steak Sandwich-HS (A-5079)	Whole Grain Sub Roll	Rich's	8763		X	*	*			*			*May contain milk, egg, soy, and sesame
	Beef, Sous Vide	JTM		X									Per manufacturer, this product is gluten free
	Pepper Jack Cheese	Land O Lakes	44238				X						
	Pepper/Onion/ Mushroom	Fresh Produce		X									
	Spices	Garlic Powder, Salt, Pepper		X									
Toasted Meatball Sub	Beef Meatballs	Advance	CN 1-17-505-0		X	X	X						
	Shredded Mozzarella Cheese	Land O Lakes	41698				X						
	Homemade Marinara Sauce (A-6001)	onion, basil, salt, tomato sauce, garlic, pepper		X									Contains Garlic, Natural Flavors
	Whole Grain Sub Roll	Rich's	8763		X	*	*			*			*May contain milk, egg, soy, and sesame

HS TEX-MEX LINE CHOICES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Pico de Gallo (A-6004)	Tomato, Onion, Cilantro	Fresh Produce		X									
	Jalapeno Peppers			X									Contains garlic, spices
	Salt			X									
Homemade Salsa (A-6005)	Diced Tomatoes			X									
	Jalapeno Peppers			X									Contains garlic, spices
	Onion, Cilantro	Fresh Produce		X									
	Cumin			X									
	Salt			X									
Sour Cream		Daisy						X					
Jalapenos	Jalapeno Peppers			X								Contains garlic, spices	

