

# Frisco ISD Child Nutrition Department

## Food Allergen Quick Reference List 2018-2019

Updated 10/25/18

### **Please read the following before continuing:**

Foods containing potential food allergens for the eight most common allergies (Milk, Eggs, Peanuts, Treenuts, Soy, Wheat, Fish, & Shellfish) are listed in this document in addition to other comments or ingredients. **This is to be used as a resource guide only. It is not a guarantee of ingredients in all foods or menu items.** Products stocked by Frisco ISD may change due to supplier changes or substitutions.

Manufacturers may also change formulation and ingredient profiles without the knowledge of the Frisco ISD Child Nutrition Department.

Frisco ISD is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this document. The information is not intended as a substitute for advice from your physician or other healthcare professional. A detailed nutrition label book is available at the main Child Nutrition Office and may be viewed upon request with a scheduled appointment. For students that have severe food allergies it is strongly suggested that parents have a menu marked by a healthcare professional for the cafeteria staff to follow.

Parents should complete the Frisco ISD Food Allergy/Disability Substitution Request Form for any student that has food allergies and submit the completed and signed form to the main Child Nutrition Office. For this form to be accepted as complete, it must contain a physician's signature. This form can be found on our website ([www.friscocafe.org](http://www.friscocafe.org)) or from your student's cafeteria supervisor.

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*To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).*

*This institution is an equal opportunity provider.*







MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Chicken Bites w/Breadstick	Mega Minis	Tysen			X								
	Cheesy Garlic Breadstick	Bridgford	6787		X	X	X			X			Contains spices, vegetable mono-and di-glycerides, maltodextrin
Chicken Caesar Salad w/Roll-HS (A-4024)	Romaine Lettuce	Fresh Produce		X									
	Grilled Chicken Breast Filet	Tyson Red Label Premium Unbreaded 38300-928	38300			X							Contains modified food starch-manufacturer states product does not contain gluten
	Parmesan Cheese		1060771				X						
	Lite Casear Dressing, Bulk	Ken's Foods	5401047				X	X				X	
	Roll, Wheat (A-1028)	Dynamic Foods	82035		X	X	X						
Chicken Caesar Salad w/Roll-MS (A-4024b)	Romaine Lettuce	Fresh Produce		X									
	Diced Chicken Strips	Gold Kist Farms	1230	X									Contains modified food starch, type not specified
	Parmesan Cheese		1060771				X						
	Lite Casear Dressing, Bulk	Ken's Foods	5401047				X	X				X	
	Roll, Wheat (A-1028)	Dynamic Foods	82035		X	X	X						
Chicken Chunks (Boneless Wing) (A-3016)	Whole Grain Chicken Breast Chunks	Perdue/Clux Delux	66195		X	X							Contains garlic, corn flour, corn syrup
Chicken Crispadora (Crispito) (A-3046)	Whole Grain Chicken Chili Filled Tortillas	Tyson	24569-928		X	*							Contains oats, modified food starch, corn starch, garlic powder, corn oil <b>*Contains soybean oil</b>
Chicken Fried Steak w/Roll (A-3014a)	Whole Grain Breaded Beef Patty	Advance	69011		X	X							Contains garlic, modified corn starch, hydrolyzed corn protein
	Roll, Wheat (A-1028)	Dynamic Foods	82035		X	X	X						
Chicken Nuggets w/breadstick (A-3236a)	Snackatizers	Perdue	89541		X	*							Contains corn, garlic. <b>*Contains soybean oil. Manufacturer does not list soy as allergen.</b>
	Cheesy Garlic Breadstick	Bridgford	6787		X	X	X			X			Contains spices, vegetable mono-and di-glycerides, maltodextrin
Chicken Nuggets w/Texas Toast	Snackatizers	Perdue	89541		X	*							Contains corn, garlic. <b>*Contains soybean oil. Manufacturer does not list soy as allergen.</b>
	Whole Wheat Texas Toast	Kurz			X	*	*		*				<b>*Contains soybean oil. Manufactured in a facility that processes milk and tree nuts.</b>
	Margarine, Trans Fat Free					X	X						
Chicken Sliders (A-5027)	Chicken Patty	Tyson 5778	5778		X	X							Contains Garlic, beef as flavoring
	Whole Wheat Mini Hamburger Bun	Kurz Bakery	309		X	X							Contains corn syrup, caramel color
Chicken Tenders w/Roll (A-3157c)	Whole Grain Chicken Breast Tender	Clux Deluxe	66210		X	*							Contains corn flour and modified corn starch, dextrose, dried garlic. <b>*contains soybean oil</b>
	Roll, Wheat (A-1028)	Dynamic Foods	82035		X	X	X						
Chicken Teriyaki GF		Asian Food Solutions	73005				X						Contains sesame oil
Chicken Teriyaki Bowl (A-3137d)	Diced Chicken Strips	Gold Kist Farms	1230	X									Contains modified food starch, type not specified
	Teriyaki Glaze	Kikkoman			X	X							Contains corn, garlic
	Veggie Rice	Brown rice, peas, carrots, veg oil, soy sauce, salt, vegetable base			X	X							Contains corn, garlic
Citrus Chicken	Chicken & Lemongrass Sauce	Yangs			X	X				X			Contains cornstarch, garlic, citrus.
	Steamed Brown Rice	Rice, Veg Base, Canol Oil, Salt		X									
Crispy Chicken Sandwich (A-5087) ES	White Wheat Hamburger Bun	Kurz Bakery	22301		X		X						Processed on equipment that processes products containing sesame seeds, contains soybean oil
	Whole Grain Chicken Breast Filet	Gold Kist Farms	7516		X		X						
Crispy Chicken Sandwich (A-5001) MS & HS	White Wheat Hamburger Bun	Kurz Bakery	22301		X		X						Processed on equipment that processes products containing sesame seeds, contains soybean oil
	Whole Grain Chicken Breast Filet	Clux Delux	66198		X	*							Contains garlic powder, yellow corn flour <b>*Contains soybean oil</b>
Fish Bites w/Hushpuppies (A-3200)	WG Pollock Bites	High Liner Foods	26264		X	*	X					X	<b>*May use soybean oil</b>
	Hushpuppies	Savannah Classics			X	X	X			X			

MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Flamin Taco Quesadilla	Low Sodium Ultra Grain Flour Tortilla	Azteca	6009		X								
	Turkey Chorizo Diced Onion Oil, Canola/Veg	Jennie-O Produce		X		X							
	Reduced Fat Pepper Jack Cheese	Land O Lakes	44238				X						
French Toast Sticks w/Sausage (A-9032)	French Toast Sticks	Michael Foods 46025-75010	3026153		X	X	X			X			Contains corn starch, natural flavors, and caramel color.
	Chicken Sausage Patty	Tyson 17443-328		X									Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains no gluten
French Toast Sticks w/Eggs (A-9031)	French Toast Sticks	Michael Foods 46025-75010	3026153		X	X	X			X			Contains corn starch, natural flavors, and caramel color.
	Eggs	Michael Foods	46025-65123-00							X			
Frito Chili Pie (A-3154)	Turkey Chili	Jennie-O	285428	X									Contains spices, modified food starch, garlic. Product info states No Allergens or Gluten
	Frito's Reduced Fat Corn Chips	Frito-Lay		X									Contains corn and corn oil
	Shredded Cheddar Cheese	Land O Lakes	25104				X						
Galaxy Cheese Pizza (A-3181)	Cheese Pizza	Tony's	78364		X	X	X						Contains garlic
Green Chile and Cheese Tamale	Tamale	Del Real					X						Gluten Free
	Queso Blanco	JTM	5718				X	X					Contains modified food starch. Product info states Gluten-Free.
Grilled Cheese, Individually Wrapped		Integrated Foods/ES Foods			X	X	X						
Grilled Chicken Sandwich	White Wheat Hamburger Bun	Kurz Bakery	22301		X		X						Processed on equipment that processes products containing sesame seeds, contains soybean oil
	Grilled Chicken Breast Filet	Tyson Red Label Premium Unbreaded 38300-928	38300				X						Contains modified food starch-manufacturer states product does not contain gluten
Ham & Cheese Melt (A-5084)	Sliced Ham	Hormel Natural Choice	68240	X									
	American Slice Cheese, Reduced Fat/Sodium	Land O Lakes	46288				X	X					
	Whole Wheat Texas Toast	Kurz			X	*	*			*			*Contains soybean oil. Manufactured in a facility that processes milk and tree nuts.
	Margarine, Trans Fat Free	Ventura Foods	5972314				X	X					Contains Natural and Artificial Flavor
Hamburger	White Wheat Hamburger Bun	Kurz Bakery	22301		X		X						Processed on equipment that processes products containing sesame seeds, contains soybean oil
	Flamebroiled Steak Burger	Advance	3-15-320-09				*						*Belt Release: Soy Lecithin. Contains caramel color-manufacturer states caramel color does not contain gluten
Hamburger Sliders (A-5026)	Whole Wheat Mini Hamburger Bun	Kurz Bakery	309		X	X							Contains corn syrup, caramel color
	Beef Slider Patty	Mini Charbroil Steak Burger-- Advance Foods	1-15-312-09				*						*Belt Release: Soy Lecithin. Contains Caramel Color-manufacturer states caramel color does not contain gluten
Honey Sriracha Chicken Bites ToGo	Breaded Sriracha chicken bites	Tyson			X								
	Steamed Brown Rice	Rice, Veg Base, Canol Oil, Salt		X									
Hummus Plate (A-3057c)	Hummus, Traditional	Grecian Delight				*	X						Contains Garlic, Sesame tahini, natural flavors, *modified food starch-type not specified, spices. *May contain soy ingredients.
	Flatbread	Pillsbury Panini Bread	137737000		X	*	X						
	Carrots	Fresh Produce		X									
	Cucumbers	Fresh Produce		X									
	Grapes	Fresh Produce		X									
Inside Out Ham & Cheese Sandwich (A-5040)	Sliced Ham	Hormel Natural Choice	68240	X									
	American Slice Cheese, Reduced Fat/Sodium	Land O Lakes	46288				X	X					
	White Wheat Hamburger Bun	Kurz Bakery	22301		X		X						Processed on equipment that processes products containing sesame seeds, contains soybean oil
	Parmesan Cheese		1060771				X						Contains cellulose
	Margarine, Trans Fat Free	Ventura Foods	5972314				X	X					Contains Natural and Artificial Flavor

MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Lasagna Roll-Ups w/Breadstick (A-3249)	Cheese Lasagna Rolls	Tasty Brands			X		X						Contains modified food starch, type not specified. Contains garlic.
	Marinara Sauce	Red Gold		X									
	Cheesy Garlic Breadstick	Bridgford	6787		X	X	X			X			Contains spices, vegetable mono-and di-glycerides, maltodextrin
Macaroni and Cheese with Breadstick (A-3230)	Whole Grain Macaroni & Cheese	Land O Lakes	43274		X		X			X			Contains modified food starch
	Cheesy Garlic Breadstick	Bridgford	6787		X	X	X			X			Contains spices, vegetable mono-and di-glycerides, maltodextrin
Made-to-Order Pasta (MS) <i>students build pasta bowl from options</i>	Whole Grain Rotini Pasta	Barilla	0003772		X					*			*Manufactured on equipment that processes products containing eggs
	Beef Meatballs	Advance	CN 1-17-505-0		X	X	X						
	Grilled Chicken Breast Filet	Tyson Red Label Premium Unbreaded 38300-928	38300				X						Contains modified food starch-manufacturer states product does not contain gluten
	Chunky Marinara Sauce	onion, basil, salt, tomato sauce, garlic, pepper, diced tomatoes	JTM	5722CE				X					
Made-to-Order Nachos (MS) <i>students build nacho bowl from options</i>	Yellow Round--No Salt Tortilla Chips	Barrel O Fun	41406	X									Contains whole corn, corn oil
	Diced Chicken Strips	Gold Kist Farms	1230	X									Contains modified food starch, type not specified
	Beef Taco Meat	JTM	CP5249	X									Manufacturer states product is allergen free. Manufacturer states product is gluten free. Modified Food Starch-type not specified
	Jalapeno Cheese Sauce	JTM Food Group	5708CE				X						Contains modified food starch. Product info states Gluten-Free.
	Queso Blanco	JTM	5718			X	X						
Meatball Sub (A-5000)	Beef Meatballs	Advance	CN 1-17-505-0		X	X	X						
	Marinara Sauce (A-6001)	onion, basil, salt, tomato sauce, garlic, pepper		X									Contains Garlic, Natural Flavors
	Shredded Mozzarella Cheese	Land O Lakes	41698				X						
	Whole Grain French Bread	Pillsbury			X								
Mini Calzones	Cheese	Good Source			X	X	X						Contains garlic powder and dehydrated garlic
Mini Pizza Bagels	WG Mini Cheese Pizza Bagels	Tasty Brands	52222		X	X	X			*			Produced on equipment that also handles eggs
Moby Crunch Fish Sandwich (A-5055)	Potato Crunch Breaded Pollock	North Atlantic			X	X	X					X	Contains dextrose, garlic
	White Wheat Hamburger Bun	Kurz Bakery	22301		X		X						Processed on equipment that processes products containing sesame seeds, contains soybean oil
	American Slice Cheese, Reduced Fat/Sodium	Land O Lakes	46288				X	X					
Mozzarella Pinwheel	IW WG Mozzarella Pinwheel	ES Foods	25401		X	X	X						
Munch Box (A-3180)	Star Sandwich Thin	Buena Vista			X	X							
	Shredded Mozzarella Cheese	Land O Lakes	41698				X						
	Turkey Pepperoni	Jennie-O		X									Contains corn syrup, dextrose, garlic powder. Manufacture states does not contain allergens or gluten
	Marinara Sauce Cup	Red Gold		X		*							Product information states Gluten-Free, No Allergens. *Contains Soybean Oil
Orange Chicken w/Brown Rice (A-3058b)	Popcorn Chicken Breast Chunk Fritters	Koch	86318		X					X			Contains modified food starch, garlic powder, corn flour,
	Less Sodium Orange Sauce	Chef's Corner	69143		X	X							
	Brown Rice	Riceland Foods Inc	4487609	X									
	Vegetable Base LS	Minor's	5814397	X									Contains corn oil, cornstarch, hydrolyzed corn protein*No added MSG other than that which naturally occurs in the hydrolyzed proteins and yeast extract.
Oven Fried Chicken w/Roll	Seasonings	Onion, salt, pepper		X									
	Gold Kist Farms Roll, Wheat (A-1028)				X	X	X			X			
Pancake Bites w/Sausage	WG Pancake Bites	Rich's			X	X	X			X			Contains Corn
	Chicken Sausage Patty	Tyson 17443-328		X									Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains no gluten





MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Sandwich, Turkey & Cheese	Wheat Bread	HEB	900066		X	*							Manufactured in a facility that processes milk. *Contains: Soybean oil.
	Turkey American Slice Cheese, Reduced Fat/Sodium	Jennie-O Natural Choice Land O Lakes		X			X	X					
Sandwich, Turkey Club	Skinny White Whole Wheat Hoagie	Kurz	22343		X	X							Contains corn syrup, caramel coloring
	Turkey American Slice Cheese, Reduced Fat/Sodium Bacon	Jennie-O Natural Choice Land O Lakes		X			X	X					
	Lettuce & Tomato			X									
Sausage Pizza (A-3220a)	WG Thin Cheese Pizza	Alpha Foods Inc	AS162WT		X	X	X						Contains corn starch, garlic
	Turkey Italian Sausage	Jennie O		X									Contains Garlic
Sausage & Pepperoni Pizza (A-3011a)	Pepperoni Pizza	Big Daddies			X	X	X						Garlic
	Turkey Italian Sausage	Jennie-O		X									Garlic powder
Shrimp Poppers w/Hushpuppies (A-3063)	Shrimp Poppers	SeaPak 47039			X	X	X				X		Contains corn and garlic
	Hushpuppies	Savannah Classics			X	X	X			X			
Skinny Dip'n Chik'n	Pierce Chicken			X									
Smart Mouth Cheese Pizza (A-3081)	SM Honey Wheat Dough	Bulls Eye Brands			X	*							*Dough may contain soy
	SM Pizza Sauce	Bulls Eye Brands		X									Contains Modified food starch, garlic, natural flavors
	SM Mozzarella Cheese	Bulls Eye Brands					X						Contains modified food starch, flavors
Smart Mouth Pepperoni Pizza (A-3082)	SM Honey Wheat Dough	Bulls Eye Brands			X	*							*Dough may contain soy
	SM Pizza Sauce	Bulls Eye Brands		X									Contains Modified food starch, garlic, natural flavors
	SM Pepperoni	Bulls Eye Brands		X									Contains pork, spice, & flavoring
	SM Mozzarella Cheese	Bulls Eye Brands					X						Contains modified food starch, flavors
Smart Mouth Buffalo Chicken Pizza	SM Honey Wheat Dough	Bulls Eye Brands			X	*							*Dough may contain soy
	Buffalo Sauce	Frank's RedHOT		X									Contains Natural Flavor, Garlic
	SM Mozzarella Cheese Diced Chicken Strips	Bulls Eye Brands Gold Kist Farms		X			X						Contains modified food starch, type not specified
Southwest Salad (A-4029)	Grilled Chicken Breast Filet	Tyson Red Label Premium Unbreaded 38300-928	38300				X						Contains modified food starch-manufacturer states product does not contain gluten
	Fresh Produce	Romaine, Pico de Gallo		X									
	Cheddar Cheese	Land O Lakes					X						
	Black Beans			X									
	Frito's Reduced Fat Corn Chips	Frito-Lay		X									Contains corn and corn oil
Seasonings	Mrs. Dash Fiesta Lime, chili powder, cumin, paprika, onion powder		X									contains garlic	
Spicy Cheese Steak Sandwich-HS (A-5079)	Whole Grain Sub Roll	Rich's	8763		X	*	*			*			*May contain milk, egg, soy, and sesame
	Beef, Sous Vide	JTM		X									Per manufacturer, this product is gluten free
	Pepper Jack Cheese	Land O Lakes	44238				X						
	Pepper/Onion/Mushroom Spices	Fresh Produce Garlic Powder, Salt, Pepper		X									
Spicy Cheese Steak Sandwich-MS (A-5079b)	French Bread	Pillsbury			X								Contains soybean oil
	Beef, Sous Vide	JTM		X									Per manufacturer, this product is gluten free
	Queso Blanco	JTM	5718				X	X					Contains modified food starch. Product info states Gluten-Free.
	Pepper/Onion Spices	Fresh Produce Garlic Powder, Salt, Pepper		X									
				X									
Spicy Chicken Sandwich (A-5010)	Hot & Spicy Breaded Chicken Breast Filet	Clux Delux	66193		X		X			X			Contains modified food starch, modified corn starch, garlic
	White Wheat Hamburger Bun	Kurz Bakery	22301		X		X						Processed on equipment that processes products containing sesame seeds, contains soybean oil



MENU ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	Other
Vegetable Pinwheel	IW WG Vegetable Pinwheel	ES Foods	25417		X	X	X						
Waffles & Sausage	Waffles	Bake Crafters	1453		X	X	X			X			
	Margarine, Trans Fat Free					X	X						
	Chicken Sausage Patty	Tyson 17443-328		X									Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains no gluten
	Cheese, Sliced American					X	X						
White Bean Chicken Chili w/Roll	Great Northern Beans			X									
	LS Chicken Base			X									
	Vegetable Oil			X									
	Onion, cilantro, green chiles, spices			X									
	Diced Chicken Strips	Gold Kist Farms	1230	X									Contains modified food starch, type not specified
	Shredded Mozzarella Cheese	Land O Lakes	41698				X						
Yogurt Trio (A-3005c)	Roll, Wheat (A-1028)	Dynamic Foods	82035		X	X	X						
	Nonfat Yogurt	Yoplait, Raspberry					X						Contains corn starch
	Light Mozzarella String Cheese Stick	Land O Lakes	59703				X						
Yogurt & Fruit Box (A-3246)	Chocolate Chip Scone	Fat Cat			X		X			*			Prepared in a Nut-Free facility. Manufactured on equipment that also processes eggs.
	Yogurt, Strawberry-Banana	Yoplait					X						Contains corn starch
Yogurt & Fruit Box (A-3246)	Light Mozzarella String Cheese Stick	Land O Lakes	59703				X						
	Applesauce Cup, Strawberry unsweetened		9162	X									
	Graham Snack, Jurassic Park	Kellogg's			X	X	X						

MENU VEGETABLES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Broccoli Bites (A-8028)		Fresh Produce		X									
Black Beans, Savory (A-8005)	Black Beans			X									
	Salt		4002994	X									
	Onion	Fresh Produce		X									
	Garlic Powder		5239611	X									
	Liquid Smoke		4006540			X							Contains caramel color. Manufacturer states is gluten free
	Tony Cachere's Seasoning				*	*	*						*May contain wheat, soy, or milk. Contains Garlic
Carrot Coins (A-8033)	Sunshine Carrots	Sysco	8873311	X									
	Lemon Juice	Sysco	3913878	X									
	Brown Sugar	Domino Sugar 404213	4064788	X									
	Salt		4002994	X									
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
	Pepper	Sysco	5331048	X									
Carrot Sticks (A-8006)		Fresh Produce		X									
Celery Sticks (A-8053)		Fresh Produce		X									
Charro Beans (A-8034)	Pinto Beans, Dry	Sysco Classic	4068482	X				*					*Some pinto beans state on the label "May contain traces of peanuts". Check with café supervisor to see if product at your campus is affected.
	Cumin			X									
	Chili Powder			X									
	Yellow Onion	Fresh Produce		X									
	Diced Tomatoes	Con Agra, Ang Mia	4030318	X									
	Garlic Powder		5239611	X									
	Salt		4002994	X									
	Pepper	Sysco	5331048	X									
	Fresh Green Bell Pepper	Fresh Produce		X									
Cherry Tomatoes (A-8035)		Fresh Produce		X									
Corn (A-8007)	Corn, Frozen		2514974	X									
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
Cucumber Slices (A-8015)	Cucumber	Fresh Produce		X									
Curly Fries (A-8016)	Seasoned Spiral Fries	McCain	1000004108	X		*							*May contain Soybean Oil
Edamame (A-8058)	Edamame	Simplot				X							
Edamame Succotash/Confetti Corn	Edamame Blend (Soybeans, Corn, Red Bell Pepper)	Simplot				X							
French Fries, Crinkle Cut (A-8010)	Concertinas	Lamb Weston	X14	X									Contains Dextrose

MENU VEGETABLES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
French Fries, Strait Cut-Seasoned		Simplot		X		*							Contains soybean oil, corn flour, hydrolyzed corn protein, garlic powder, dextrose, yeast extract
Garden Side Salad (A-4010)	Green Leaf Lettuce	Fresh Produce		X									
	Romaine Lettuce	Fresh Produce		X									
	Red Cabbage	Fresh Produce		X									
	Cherry Tomato	Fresh Produce		X									
	Fresh Carrots	Fresh Produce		X									
Ginger Glazed Carrots (A-7058)	Baby Carrots	Fresh Produce		X									
	Butter Blend					X	X						
	Brown Sugar			X									
	Lemon Juice			X									
	Spices (ginger, black pepper, salt)			X									
Green Beans (A-8086)	Green Beans, Frozen	Allen Canning 1092533	6018388										
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
	Spices (garlic powder, onion powder, black pepper, salt)			X									
Lettuce & Tomato Cup (A-8039)	Romaine Lettuce	Fresh Produce		X									
	Whole Fresh Tomato	Fresh Produce		X									
Lettuce/Tomato/Pickle Cup (A-8004)	Romaine Lettuce	Fresh Produce		X									
	Whole Fresh Tomato	Fresh Produce		X									
	Dill Pickle Slices		4521613	X									Contains Natural Flavors
Mashed Potatoes (A-7054)	Mashed Potatoes	Idahoan Real Low Sodium				X	X						
	Spices	Garlic Powder, Onion Powder, Salt		X									
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
Peas (A-8041)	Green Peas			X									
	Onion			X									
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
Potato Wedges (A8003)		McCain OIF00024A	0041539			*							May contain soybean oil, sunflower oil. Manufacturer states contains no added gluten ingredients or gluten sourced ingredients.
Homemade Refried Beans (A-8017a)	Pinto beans, spices (garlic, chili powder, cumin, paprika, onion powder, salt), canola oil			X									Contains garlic.

MENU VEGETABLES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Red Pepper Strips w/Carrots (A-8063)	Red Bell Pepper	Fresh Produce		X									
	Fresh Carrots	Fresh Produce		X									
Roasted California Vegetables (A-8051)	California Blend Frozen Vegetables	Simplot	5315555	X									
	Salad Oil		1799840	X									
	Italian Spices	Spice		X									
	Garlic Powder	Spice	5239611	X									
	Salt	Spice	4002994	X									
	Pepper	Sysco	5331048	X									
Roasted Redskin Potatoes with Rosemary and Garlic		McCain MCF04851		X									Contains Garlic, Natural Flavor. Manufacturer states contains no added gluten ingredients or gluten sourced ingredients.
Roasted Spiced Cauliflower (A-7056)	Fresh Cauliflower Florets	Fresh Produce		X									
	Salad Oil			X									
	Spices (chili powder, paprika, salt)			X									
	Lemon Juice			X									
Steamed Broccoli-Plain (A-8042a)	Broccoli, Frozen	Allen Canning 255956	1614635	X									
Street Corn Salad (A-8091)	Corn	Produce		X									
	Feta cheese						X						
	Light Mayo	Hellman's				*				X			Soybean Oil, Corn Starch
	Cilantro & Jalapeno cndd Spices: Garlic Powder, Mrs Dash Fiesta Lime	Fresh Produce Spices		X									
Sweet Potato Crosstrax	Sweet Potato Fries	McCain MCF05074		X									Contains caramel color, natural flavors Manufacturer states no added gluten ingredients or gluten sourced ingredients.
Tater Tots	Reduced Sodium Tater Tots	Ore-Ida	1000002789	X		*							Contains soybean oil







MENU CONDIMENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Fat Free Pepper Gravy Mix	Morrisons 7244	9534421		X	*	X						Contains *Soybean Oil, Modified Food Starch-type not specified
Cream Cheese	Block & Barrel					X						
Jelly	House Recipe	4216016	X									
Pancake Syrup	House Recipe	1696608	X									Contains Natural and Artificial Flavors and Caramel Color
Honey Mustard Sauce, 1 oz	House Recipe, Sysco	4551727			*				X			*Contains Soybean Oil
Honey Mustard Dressing, 1.5 oz	Kraft				*				X			*Contains Soybean Oil
CannonBall BBQ Sauce	Ken's Steak House	4794640	X									Contains Modified Food Starch-type not specified, Sunflower Oil, Garlic, Caramel
BBQ Sauce 1 oz PC	Red Gold		X									
Smart Balance Buttery Spread, PC					X							
Fat Free Sour Cream, 1 oz	Land O Lakes					X						Modified Food Starch-type not specified
Hidden Valley Ranch Dressing					*	X			X			Contains *Soybean Oil, MSG, Modified Food Starch, Natural and Artificial flavors
Ken's Caesar Dressing, 1.5 oz	Ken's Foods				*	X					X	Contains *Soybean Oil, Garlic
Italian Dressing, Fat Free 1.5 oz	Ken's Foods	5954250	X									Contains Natural Flavor, yellow #5, yellow #6, and Sunflower oil
Mayo, Light	Hellman's								X			Contains: Soybean Oil, Corn and Potato Starch
Ranch Dressing, (Salad Bar)	Foothill Farms Mix (dressing mix, mayonnaise, & milk)				*	X			X			Garlic, Natural Flavor. * Soybean oil
Ranch Dressing, PC (12gms)	Sysco	5112735			*	X			X			Contains *Soybean Oil, Garlic
Ranch Dressing, Ken's						X			X			Contains: Soybean oil, MSG, Modified Corn Starch, Garlic
Ranch Dressing, Heinz					X	X			X			Contains: Soybean oil, Modified Corn Starch, Torula Yeast, MSG, Garlic Powder
Italian Dressing, PC	Sysco	5126651			*							Contains *Soybean Oil, Garlic
Mustard, PC	Sysco	5106059	X									Contains Garlic
Heinz Fat Free Mayo	Heinz	6735138			X	X			X			
Picante Sauce, PC		5483441	X									Contains Garlic
Sriracha Ketchup	Red Gold		X									Contains Garlic
Tomato Ketchup, 9 g packets	Red Gold REDY59G		X									
Marinara	Red Gold 1/2 Cup		X									
Tartar Sauce		6569214			*				X			Contains *Soybean Oil, Modified Food Starch, Natural Flavors

BEVERAGES	INGREDIENTS	PRODUCT	DISTRIB. CODE	NONE	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Bottled Water		Nestle Pure Life		X									
Chocolate Milk	Skim	Oak Farms/TruMoo	23736				X						
White Milk	1%	Oak Farms	23100				X						
Izze Blackberry	Sparkling Fruit Juice	Izze Sparkling Juice		X									Contains natural flavors
Izze Clementine	Sparkling Fruit Juice	Izze Sparkling Juice		X									Contains natural flavors
Izze Apple	Sparkling Fruit Juice	Izze Sparkling Juice		X									Contains natural flavors
The Switch,Hard Core Apple	Sparkling Fruit Juice			X									Contains natural flavors
Juice Bowl Orange Juice	100% fruit juice	Juice Bowl		X									
Juice Bowl Grape Juice	100% fruit juice	Juice Bowl		X									
Juice Bowl Apple Juice	100% fruit juice	Juice Bowl		X									
Juice Bowl Fruit Punch	100% fruit juice	Juice Bowl		X									
Juice Bowl Veg & Fruit Blend	100% fruit juice	Juice Bowl		X									
Strawberry Kiwi 100% Juice	100% fruit juice	Tropicana		X									Contains Red 40
G2 Glacier Freeze		Gatorade		X									Contains natural flavor, sucralose, acesulfame potassium, and Blue 1
G2 Mixed Berry Clear		Gatorade		X									Contains natural flavor, sucralose, and acesulfame potassium
G2 Grape		Gatorade		X									Contains natural and artificial flavor, sucralose, acesulfame potassium, Red 40, and Blue 1

BREAKFAST ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Assorted Cereal w/Toast	Cereal, Cheerios	Gen Mills 32262000		X									Oats, corn starch
	Cereal, Cinnamon Toast Crunch	Gen Mills 11815000			X	X							
	Cereal, Apple Cinnamon Cheerios	Gen Mills 31879000			X								Oats, Corn meal
	Cereal, Fruity Cheerios	Gen Mills 31916000			X								Oats, Corn, Red 40, Yellow 6, Blue1
	Cereal, Golden Grahams	Gen Mills 11943000			X								Corn
	Cereal, Rice Chex	Gen Mills 31921000		X									
	Cereal, Rice Krispies	Kellogg's		X									
Wheat Toast (A-1002)	Kurz			X	X	X							
Chicken Biscuit (A-9008)	Chicken Patty	Tyson 5778	5778		X	X							Contains Garlic
	Whole Grain Biscuit	Pillsbury	94562-32267		X		X						
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
Chocolate Chip Scone	Fat Cat Bakery			X		X			*			*Prepared on equipment that also processes eggs. Made in a Nut-Free Facility	
Cinnamon Roll, Whole Wheat	Hadley Farms	1670IW		X	X								
Crescents, Grape Filled	Pillsbury			X		X							
Crescents, Chocolate Filled	Pillsbury			X		X							
Cocoa Cherry Nutrition Bar	Zee Zees	GFC800W G		X	X								
Egg, Cheese, Chorizo Taco (A-9090)	Low Sodium Ultra Grain Flour Tortilla	Azteca	0006109		X								
	Eggs									X			
	Shredded Cheddar	Land O Lakes	25104				X						
	Turkey Chorizo	Jennie-O	639740			X							Contains Garlic
Egg and Turkey Bacon Breakfast Boat	ConAgra			X	X	X				X			Contains modified food starch, corn starch, hydrolyzed corn protein
Eggstravaganza	Cheese & Bacon	Sunny Fresh				X			X				
Egg Patty, 3.5" Round	Sunny Fresh				X				X				
French Toast Sticks (A-9026)	Michael Foods	3026153	46025-75010		X	X	X			X			Contains corn starch, natural flavors, and caramel color.

BREAKFAST ENTREES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
French Toast, Mini, Triple Berry Blast		Pillsbury			X	X	X			X			
Maple Biscuit with Sausage	Chicken Sausage Patty	Tyson 17443-328		X									Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains no gluten. Contains Beef Flavoring.
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
	Maple Biscuit	Bridgford	6245		X	X	X						Contains cornstarch
Maple Breadstick	Maple Bread Stick	Wild Mike's	11004		X	X	X						
Maple-Burstin Mini Pancakes		Pillsbury			X		X			X			Contains natural and artificial flavor
Confetti Mini Pancakes		Eggo			X	X	X			X			
Mini Bagels- Cinnamon		Pillsbury			X	*	X						Contains maltodextrin, modified corn starch *contains soybean oil
Mini Cinnis		Pillsbury			X		X						Contains modified corn starch
Muffin Mix		Gold Medal			X	X	X			X			
Pancake on a Stick, Whole Grain (A-9007)	Maple Flavor	Foster Farms 95121			X	X				X			Contains Caramel Color, Corn Starch
	Turkey Pancake Wrap												
Pancake Bites		Rich's			X	X	X			X			
Sausage & Gravy Breakfast Pizza		Tony's			X	X	X						
Sausage Kolache		Eddy	2545-CN		X	X	X			X			Contains corn syrup, spices, dextrose, garlic, caramel color
Sunrise Stick	Beef & Cheese	Hot off the Grill			X	X	X						
Taco, IW	Egg & Cheese	El Monterey			X		X			X			
Toast, WG Apple Cinnamon		Good Source	222M		X	X	X						
Waffles	Whole Grain Waffles	Aunt Jemima 43577			X	X	X			X			
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor
Yogurt with Cinnamon Toast	Upstate Farms Yogurt	Cherry Vanilla and Strawberry					X						
	Whole Wheat Cinnamon Bread	Kurz	22219		X	X							Contains corn syrup
	Margarine, Trans Fat Free	Ventura Foods	5972314			X	X						Contains natural and artificial flavor



SNACKS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	OTHER
<b>Chips</b>												
Chips, BBQ Baked Lays (ES only)	Frito Lay				X	X						Contains Corn, Garlic.
Chips, 0.7oz, RF Cheetos Mellow Puffs	Frito Lay 21910	2255848				X						Contains Corn, MSG, Yellow 6, Yellow 5. Gluten Free
Chips, 0.7 oz, Cheetos Flamin Hot Puffs						X						Contains Corn, MSG, Red 40, Red 40 Lake, Yellow 6, Yellow 6 Lake, Yellow 5, garlic powder
Chips, 0.75 oz WG Funyuns	Frito Lay					X						Contains MSG, corn, garlic powder
Chips, 0.85 oz Baked Ruffles Cheddar & Sour Cream					X	X						Contains corn, MSG, Yellow 6, Yellow 5, Yellow 6 Lake, Yellow 5 Lake, garlic powder.
Chips, 0.875 oz. Baked Lays Sour Cream & Onion (MS only)					X	X						Contains corn.
Chips, 0.875 oz Cheetos Baked (MS & HS only)	Frito Lay					X						Contains Corn, MSG, Yellow 6
Chips, 0.875 oz Cheetos Baked Flamin' Hot (MS and HS only)	Frito Lay					X						Contains corn, MSG, Red 40 Lake, Yellow 6 Lake, Yellow 6, Yellow 5, garlic
Chips, 0.875 oz Cheetos Baked White Cheddar Cheese	Frito Lay					X						
Chips, 1oz. Cheetos Fantastix Chili Cheese (MS and HS only)	Frito Lay 36098	5261708				X						Contains Corn, MSG, Natural and Artificial Flavors, Yellow 5 & Yellow 6. Gluten Free
Chips, 1oz. Cheetos Fantastix Hot	Frito Lay 43578	6888479				X						Contains Garlic, MSG, Red 40, & Yellow 6. Gluten Free
Chips, 1oz. Doritos RF Cool Ranch (MS and HS only)	Frito Lay 36096	5073130				X						Contains Corn, Garlic, MSG, Natural and Artificial flavor, Yellow 5, Blue 1, Red 40. Manufacturer states does not contain gluten ingredients.
Chips, 1 oz. Doritos RF Flamas	Frito Lay					X						Contains Corn, MSG, Red 40 Lake, Yellow 6 Lake, Garlic
Chips, 1 oz Doritos RF Spicy Sweet Chili (MS and HS only)	Frito Lay 49093			X	X							Contains Corn, Garlic, MSG, caramel color, corn
Chips, 1oz. Doritos RF Nacho Cheese (MS and HS only)	Frito Lay 31748	6626774				X						Contains Corn, Garlic, MSG, natural and artificial flavor, Yellow 5, Yellow 6, Red 40. Manufacturer states does not contain gluten ingredients.
Chips, 1 oz. Doritos Wild White Nacho	Frito Lay					X						Contains corn, garlic.
Chips, 1.375 oz Kettle BBQ (HS Only)						X						Contains garlic, maltodextrin (from corn)
Chips, 1.375 oz Kettle jalapeno (HS Only)						X						Contains garlic, maltodextrin (from corn)
Chips, 1.375 oz Kettle Original (HS only)	Frito Lay		X									
Chips, 1.375 oz Kettle Salt & Vinegar (HS only)	Frito Lay											
Chips, 0.875 oz Tostitos Baked Scoops	Frito Lay 42537	6510388	X									Contains Corn. May contain Sunflower Oil. No preservatives Gluten Free
Chips, TGI Friday's Dill Pickle	TGI Friday's				*							*Contains soybean oil. Certified Gluten Free
Chips, TGI Friday's Extreme Heat	TGI Friday's				*	X						*Contains soybean oil. Certified Gluten Free
Pirate's Booty Aged White Cheddar						X						Gluten Free. Made in a peanut and tree nut free facility.
<b>Dairy Snacks</b>												

SNACKS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	OTHER
Yoplait Go BIG yogurt	Yoplait					X						Contains Kosher Gelatin
Trix Raspberry Rainbow	Yoplait					X						Gluten free, no gelatin, no artificial flavors or colors, no HFCS, Kosher.
Trix Triple Cherry	Yoplait					X						Gluten free, no gelatin, no artificial flavors or colors, no HFCS, Kosher.
Trix Strawberry Banana	Yoplait					X						Gluten free, no gelatin, no artificial flavors or colors, no HFCS, Kosher.
String Cheese	Land O Lakes	59703				X						
Co-Jack Cheese Cubes	Land O Lakes					X						
<b>Snack Bars/Granola Bars</b>												
Cocoa Cherry Bar	Zee Zee's			X	X							Nut Free Facility. Contains corn syrup, cellulose fiber maltodextrin.
Brownie WG	Cookie Tree			X	X	X		*	X			*Processed in a facility with wheat, eggs, dairy, soy, nuts, and peanuts. Contains coconut, corn starch
Pop Tart, Blueberry				X	X							contains gelatin, corn starch, caramel color, red 40, blue 2, blue 1,
Rice Krispies Treats					X	X						
Rice Krispies Treats, Chocolate Chip	Kellogg's				X	X						Contains Gelatin
Rice Krispies Treats, Cocoa Krispies	Kellogg's				X	X						Contains Gelatin
<b>Crackers, Snack Mixes, &amp; Popcorn</b>												
Cheddar Goldfish, Made with Whole Grain (0.75 oz)	Pepperidge Farm	6599405		X		X						
Cheddar Bunnies	Annie's			X		X						
Cheetos Trax Crackers 0.87 oz	Frito Lay			X	X	X						No MSG, no artificial flavors, no colors from artificial sources
Whole Grain Cheez-it 0.5oz	Kellogg's 09685	2098629		X	X	X						
Quaker Munchies Snack Mix (.875 oz)	Frito Lay 36308	5073089		X	*	X						Contains Oat Flour, MSG, Yellow #5, & Yellow #6, Modified Food Starch, Coconut Oil, Garlic, Natural Flavors
Popcorn, Kettlecorn	Popcorn, Indiana				*	*	*	*				*Produced in a facility that uses milk, soy, peanuts, and tree nuts.
Popcorn, White Cheddar Smartfood Delight	Pepsico					X						Gluten Free. Contains Natural Flavors, Corn
Graham Snack, Jurassic Park	Kellogg's			X	X	X						
Zee Zees Grahamz, Original	National Food Group			X	X							Made in a nut free facility
Zee Zees Grahamz, Birthday Cake	National Food Group			X	X							Made in a nut free facility
Elf Graham's, Chocolate	Kellogg's	7628		X	X							
<b>Cookies</b>												
Cookie, Whole Grain Chocolate chip, Individually Wrapped	Buena Vista	79015		X	X	X			X			Buena Vista is a peanut and tree nut free plant
Cookie, WG Triple Chocolate Filled, Individually Wrapped (MS and HS only)	Rich's	3593		X	X	X	*	*	X			Contains corn flour *Manufactured on shared equipment with peanuts and tree nuts

SNACKS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	OTHER
Cookie, WG Double Fudge	Buena Vista			X	X	X			X			Buena Vista is a peanut and tree nut free plant
Cookie, WG Confetti Cake, Filled, Individually Wrapped (MS and HS only)	Rich's	2151		X	X	X	*	*	X			Contains corn flour *Manufactured on shared equipment with peanuts and tree nuts
Cookie, WG Sugar	Buena Vista	79815		X		X			X			Buena Vista is a peanut and tree nut free plant
Mini Chocolate Chip Cookies	Grandma's			X	X	X	*	*				*Made on equipment that makes products containing peanuts and tree nuts.
Oatmeal Heart Shaped Cookie	LUX			X					X			
<b>Frozen Treats</b>												
Bomb Pop, Strawberry Raspberry	Wells's FoodService						*	**	**			*May contain milk. **Manufactured in a facility that processes almonds, brazil nuts, cashews, coconut, hazelnuts, macadamia nuts, peanuts, pecans, pine-nuts, pistachios, walnuts.
Bomb Pop, Strawberry Banana	Wells's FoodService						*	**	**			*May contain milk. **Manufactured in a facility that processes almonds, brazil nuts, cashews, coconut, hazelnuts, macadamia nuts, peanuts, pecans, pine-nuts, pistachios, walnuts.
Bomb Pop, Banana Fudge	Wells's FoodService					X	*	*				*Manufactured in a facility that processes almonds, brazil nuts, cashews, coconut, hazelnuts, macadamia nuts, peanuts, pecans, pine-nuts, pistachios, walnuts.
Sidekicks, Frozen 100% Juice, Cherry Lemonade	Ridgefields		X									Gluten Free. Contains Natural Flavors
Sidekicks, Frozen 100% Juice, Strawberry-Mango	Ridgefields		X									Gluten Free. Contains Natural & Artificial Flavors
Sidekicks, Frozen 100% Juice, Banana-Cherry			X									
Smoothie-on-a-Stick, Strawberry Banana	Jonny Pops					X						
Smoothie-on-a-Stick, Triple Berry	Jonny Pops					X						
Kiwi Strawberry 100% Juice Slush	Ice Dog		X									Contains maltodextrin, cellulose gum
Blue Raspberry 100% Juice Slush	Ice Dog		X									Contains maltodextrin, cellulose gum
Watermelon 100% Juice Slush	Ice Dog		X									Contains maltodextrin
Low Fat Cookies N Cream Cone	Hershey's Ice Cream	7007724		X	X	X						Contains high fructose corn syrup, artificial flavor
Reduced Fat Vanilla Ice Cream Sandwich	Hershey's Ice Cream	7007734		X	X	X						Contains corn syrup, high fructose corn syrup, caramel color, dextrose
Chocolate Scooter Ice Cream Bar	Hershey's Ice Cream	7007740		X	X	X						Contains corn syrup, high fructose corn syrup, caramel color, dextrose, FD&C Blue #1, Red #40
Frozen Yogurt, Ultimate Chocolate	Mixmi	4700				X						Gluten Free
Frozen Yogurt, Vanilla Cupcake	Mixmi	4701				X						Gluten Free
Chocolate Vanilla Twist Cone	Hershey's Ice Cream			X	X	X						Caramel color, artificial flavor



SNACKS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shellfish	Fish	OTHER
Holiday Ice Cream Cup, Vanilla & Chocolate Sauce	Hershey's Ice Cream					X						Artificial flavor, caramel color, yellow #5, Yellow #6, red #40
Holiday Ice Cream Cup, Chocolate Mint	Hershey's Ice Cream					X						Artificial flavor, caramel color, yellow #5, Blue #1
Juice Rush, Strawberry Mango	Hershey's Ice Cream		X									
Brownie Batter Ice Cream Sandwich				X	X	X						
<b>Miscellaneous Snacks</b>												
Fruit Snacks	Welch's	14498	X									Contains Inulin, Gelatin, Coconut Oil, Red 40, and Blue 1
Fruit Snacks- Mixed Berry	Mott's		X									No artificial colors, no artificial flavors
Muffin, WG Blueberry	Buena Vista	64131 IW		X		X			X			Buena Vista is a peanut and tree nut free plant
Muffin, WG Cherry	Buena Vista	64172		X		X			X			Buena Vista is a peanut and tree nut free plant
Muffin, WG Lemon	Buena Vista			X		X			X			Buena Vista is a peanut and tree nut free plant
Muffin Top, WG Blueberry	Buena Vista	63131		X		X			X			Buena Vista is a peanut and tree nut free plant
Raisins, Sour Strawberry	Sun Maid	5086	X									
Whole Grain Cinnamon Roll	Hadley Farms			X	X							



HS DELI LINE CHOICES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Veggie/Cheese Sandwich on Hoagie	Skinny White Whole Wheat Hoagie	Kurz	22343		X	X							Contains corn syrup, caramel coloring
	Reduced Fat Swiss Slice	Land O Lakes	44261				X						
	Pepper Jack Slice	Land O Lakes	44238				X						
	Lettuce and Tomato	Fresh Produce		X									
Snack Bistro Box	Lettuce & Tomato	Produce		X									
	Panini Bread	Pillsbury	137737000		X	*	X						*May contain soy
	Nonfat Yogurt, Cherry-Vanilla	Upstate Farm	MPC9819				X						Contains modified corn starch
	Light Mozzarella String Cheese Stick	Land O Lakes	59703				X						
	Diced Peach Cup			X									
Protein Bistro Box	Carrot Sticks			X									
	Panini Bread	Pillsbury	137737000		X	*	X						*May contain soy
	Hard Boiled Egg									X			
	Light Mozzarella String Cheese Stick	Land O Lakes	59703				X						
Tuna Salad Sandwich	Diced Peach Cup			X									
	Carrot Sticks			X									
	Sliced Wheat Bread				X	*	*						Contains High Fructose Corn Syrup, *soybean oil. *Manufactured in a facility that processes milk.
	Light Mayo	Hellman's				*				X			Contains modified food starch (corn, potato). *Contains soybean oil
	Egg	Fresh Whole Eggs								X			
	Sweet Relish	Bay Valley Foods		X									Manufacturer label states product is gluten-free. Contains mustard, high fructose corn syrup, spices
	Celery Sticks	Fresh Produce		X									
Yellow Onion	Fresh Produce		X										
Toasted Chicken Fajita Sandwich	Canned Tuna	Chicken of the Sea										X	
	Fajita Chicken Strips	Tyson	522-928				X						Contains garlic, dextrose, maltodextrin, modified food starch-type not specified. Product info states no gluten-containing ingredients.
	Pepper Jack Slice	Land O Lakes	44238				X						
	Whole Grain Sub Roll	Rich's	8763		X	*	*			*			*May contain milk, egg, soy, and sesame
Spicy Cheese Steak Sandwich-HS (A-5079)	Whole Grain Sub Roll	Rich's	8763		X	*	*			*			*May contain milk, egg, soy, and sesame
	Beef, Sous Vide	JTM		X									Per manufacturer, this product is gluten free
	Pepper Jack Cheese	Land O Lakes	44238				X						
	Pepper/Onion/ Mushroom	Fresh Produce		X									
Toasted Meatball Sub	Spices	Garlic Powder, Salt, Pepper		X									
	Beef Meatballs	Advance	CN 1-17-505-0		X	X	X						
	Shredded Mozzarella Cheese	Land O Lakes	41698				X						
	Homemade Marinara Sauce (A-6001)	onion, basil, salt, tomato sauce, garlic, pepper		X									Contains Garlic, Natural Flavors
Toasted Meatball Sub	Whole Grain Sub Roll	Rich's	8763		X	*	*			*			*May contain milk, egg, soy, and sesame



HS TEX-MEX LINE CHOICES	INGREDIENTS	PRODUCT	DISTRIB CODE	None	Wheat	Soy	Milk	Peanut	Tree Nut	Egg	Shell-fish	Fish	Other
Corn Salsa	Corn, Frozen		2514974	X									
	Green Bell Pepper, Cilantro, Tomato	Fresh Produce		X									
	Jalapeno Peppers			X									Contains garlic, spices
	Sugar			X									
	Vinegar			X									
	Salad Oil			X									
	Salt			X									
Pico de Gallo (A-6004)	Tomato, Onion, Cilantro	Fresh Produce		X									
	Jalapeno Peppers			X									Contains garlic, spices
	Salt			X									
Homemade Salsa (A-6005)	Diced Tomatoes			X									
	Jalapeno Peppers			X									Contains garlic, spices
	Onion, Cilantro	Fresh Produce		X									
	Cumin			X									
	Salt			X									
Sour Cream		Daisy						X					
Jalapenos	Jalapeno Peppers			X								Contains garlic, spices	

