

Frisco ISD Child Nutrition Department

Food Allergen Quick Reference List 2016-2017

Updated 4/28/17

Please read the following before continuing:

Foods containing potential food allergens for the eight most common allergies (Milk, Eggs, Peanuts, Treenuts, Soy, Wheat, Fish, & Shellfish) are listed in this document in addition to other comments or ingredients. This is to be used as a resource guide only. It is not a guarantee of ingredients in all foods or menu items. Products stocked by Frisco ISD may change due to supplier changes or substitutions. Manufacturers may also change formulation and ingredient profiles without the knowledge of the Frisco ISD Child Nutrition Department. Frisco ISD is not responsible for and cannot guarantee the accuracy of any of the nutritional information contained in this document. The information is not intended as a substitute for advice from your physician or other healthcare professional. A detailed nutrition label book is available at the main Child Nutrition Office and may be viewed upon request with a scheduled appointment. For students that have severe food allergies it is strongly suggested that parents have a menu marked by a healthcare professional for the cafeteria staff to follow. Parents should complete the Frisco ISD Food Allergy/Disability Substitution Request Form for any student that has food allergies and submit the completed and signed form to the main Child Nutrition Office. For this form to be accepted as complete, it must contain a physician's signature. This form can be found on our website (www.friscocafe.org) or from your student's cafeteria supervisor.

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| MENU ENTREES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shellfish | Fish | Other |
|--|--|--|--------------|------|-------|-----|------|--------|----------|-----|-----------|------|---|
| Baked Potato Soup w/Biscuit | Baked Potato Soup w/Turkey Bacon | MMI | 80006 | | X | X | X | | | | | | |
| | Whole Grain Biscuit | Pillsbury | 94562-32267 | | X | | X | | | | | | |
| BBQ Pork Bowl w/Roll (A-3193) | Pork BBQ w/vinegar marinade | Brookwood Farms | | | | X | | | | | | | Contains corn syrup solids, garlic powder, spices |
| | Hickory BBQ Sauce | Clements Foods | | X | | | | | | | | | Food starch modified, natural smoke flavoring, natural coloring, worcestershire |
| | Mashed Potatoes | Idahoan Real Low Sodium | | | | X | X | | | | | | |
| | Spices | Garlic Powder, Onion Powder, Salt | | X | | | | | | | | | |
| | Margarine, Trans Fat Free | Ventura Foods | 5972314 | | | X | X | | | | | | Contains natural and artificial flavor |
| BBQ Turkey Tater Bowl w/ Roll (A-3219) | Turkey Breast in BBQ Sauce | Jennie-O | 2851-28 | X | | | | | | | | | Manufacturer states no allergens or gluten. Contains garlic. |
| | Mashed Potatoes | Idahoan Real Low Sodium | | | | X | X | | | | | | |
| | Spices | Garlic Powder, Onion Powder, Salt | | X | | | | | | | | | |
| | Margarine, Trans Fat Free | Ventura Foods | 5972314 | | | X | X | | | | | | Contains natural and artificial flavor |
| | Roll, Homemade Wheat (A-1001) | | | | X | X | X | | | * | | | *Some campuses may use pre-made roll dough, which contains eggs |
| Bean Burger (A-5060) | Bean Burger patty | Food Scapes | | | | X | X | | | | | | Vegetarian |
| | Whole Wheat Hamburger Bun | Kurz Bakery | 304 | | X | X | | | | | | | Processed on equipment that processes products containing sesame seeds |
| Bean & Cheese Burrito w/Cheese Sauce (A-3045b) | Whole Grain Cheese & Bean Burrito | Fernando's | | | X | X | X | | | | | | Contains corn, garlic |
| | Queso Blanco | JTM | 5718 | | | X | X | | | | | | Contains modified food starch. Product info states Gluten-Free. |
| Bean & Cheese Nachos (A-3010g) | Jalapeno Cheese Sauce | JTM Food Group | 5708CE | | | | X | | | | | | Manufacturer states product is gluten free. Modified Food Starch-type not specified |
| | Yellow Round--No Salt Tortilla Chips | Barrel O Fun | 41406 | X | | | | | | | | | Contains whole corn, corn oil |
| | Homemade Refried Beans (A-8017a) | Pinto beans, spices (garlic, chili powder, cumin, paprika, onion powder, salt), canola oil | | X | | | | | | | | | Contains garlic |
| Beef Taco Stick w/Nacho Sauce(A-5059)-ES | Beef Taco Stick | Integrated Foods | C45019 | | X | X | X | | | | | | Contains garlic, autolyzed yeast extract |
| | Jalapeno Cheese Sauce | JTM Food Group | 5708CE | | | | X | | | | | | Manufacturer states product is gluten free. Modified Food Starch-type not specified |
| Breaded Cheese Sticks w/Marinara (A-3013) | Reduced Sodium Cheese Sticks w/Whole Grain | Farm Rich | 65219 | | X | | X | | | | | | Contains corn, garlic |
| | Homemade Marinara Sauce (A-6001) | onion, basil, salt, tomato sauce, garlic, pepper | | X | | | | | | | | | Contains Garlic, Natural Flavors |
| Broccoli Cheese Soup w/Biscuit | Broccoli and Cheese Soup | JTM Food Group | 5114 | | | | X | | | | | | Manufacturer states product is gluten free. Modified Food Starch-type not specified |
| | Whole Grain Biscuit | Pillsbury | 94562-32267 | | X | | X | | | | | | |
| Chana Masala w/Brown Rice (A-3178) | Low sodium Garbanzo Beans | | | X | | | | | | | | | |
| | Spices | Garam Masala, Garlic Powder, Ginger, Paprika, Cumin, Salt, Black Pepper, Sugar, Onion Powder | | X | | | | | | | | | |
| | Canola Oil | | | X | | | | | | | | | |
| | Lemon Juice | | | X | | | | | | | | | |
| | Onion | | | X | | | | | | | | | |
| | Tomato Sauce | | | X | | | | | | | | | |
| | Brown Rice | Fresh Onion, Black Pepper, Brown Rice, Salt | | X | | | | | | | | | |
| Cheese Breadsticks (A-3133) | Gilardi's | 6" Cheese Filled Breadsticks | | | X | X | X | | | | | | |

| MENU ENTREES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shellfish | Fish | Other |
|---|---|--|--------------|------|-------|-----|------|--------|----------|-----|-----------|------|---|
| Cheeseburger (A-5031) | Whole Wheat Hamburger Bun | Kurz Bakery | 304 | | X | X | | | | | | | Processed on equipment that processes products containing sesame seeds |
| | American Slice Cheese, Reduced Fat/Sodium | Land O Lakes | 46288 | | | X | X | | | | | | |
| | Flamebroiled Steak Burger | Advance | 3-15-320-09 | | | * | | | | | | | *Belt Release: Soy Lecithin. Contains caramel color-manufacturer states caramel color does not contain gluten |
| Cheese Calzone (A-3106) | WG Personal Cheese Pizza | Alpha Foods Inc | | | X | X | X | | | | | | Garlic, Food Starch Modified-type not specified |
| Cheese Calzonettes (A-3119) | Cheese Calzonettes | Giorgio | 9074 | | X | X | X | | | | | | Contains garlic |
| Cheese Enchiladas (A-3143) | Cheese Enchiladas | Integrated Foods | 809040 | | | | X | | | | | | Contains corn |
| | Jalapeno Cheese Sauce | JTM Food Group | 5708CE | | | | X | | | | | | Manufacturer states product is gluten free. Modified Food Starch-type not specified |
| Cheese Enchiladas Verdes (A-3143b) | Cheese Enchiladas | Integrated Foods | 809040 | | | | X | | | | | | Contains corn |
| | Green Enchilada Sauce | La Victoria | | | | X | | | | | | | Contains MSG, Garlic |
| | Shredded Cheddar Cheese | Land O Lakes | 25104 | | | | X | | | | | | |
| Cheese Nachos (A-3117) | Jalapeno Cheese Sauce | JTM Food Group | 5708CE | | | | | X | | | | | Manufacturer states product is gluten free. Modified Food Starch-type not specified |
| | Yellow Round--No Salt Tortilla Chips | Barrel O Fun | 41406 | X | | | | | | | | | Contains whole corn, corn oil |
| Cheese Pizza (A-3220) | WG Thin Cheese Pizza | Alpha Foods Inc | AS162WT | | X | X | X | | | | | | Contains corn starch, garlic |
| Cheese Ravioli w/Breadstick (A-3155) | Jumbo 4 Cheese Ravioli | Ateeco | | | X | X | X | | | X | | | Contains modified food starch, spice, garlic |
| | Cheesy Garlic Breadstick | Bridgford | 6787 | | X | X | X | | | X | | | Contains spices, vegetable mono-and di-glycerides, maltodextrin |
| Cheese Stuffed Shells w/Breadstick (A-3150) | Whole Grain Cheese Stuffed Shells | Tasty Brands | 00803WG | | X | | X | | | X | | | Contains garlic |
| | Homemade Marinara Sauce (A-6001) | onion, basil, salt, tomato sauce, garlic, pepper | | X | | | | | | | | | Contains Garlic, Natural Flavors |
| | Parmesan Cheese | | 1060771 | | | | X | | | | | | Contains cellulose |
| | Cheesy Garlic Breadstick | Bridgford | 6787 | | X | X | X | | | X | | | Contains spices, vegetable mono-and di-glycerides, maltodextrin |
| Cheese Taquito Dippers w/Salsa | Cheese Enchiladas | Integrated Foods | 809040 | | | | X | | | | | | Contains corn |
| | Salsa | USDA Foods | | X | | | | | | | | | |
| Chicken Cheesesteak (A-5064) | Whole Grain Hoagie Bun | Kurz Bakery | 22343 | | X | X | | | | | | | Contains corn, caramel coloring |
| | Fajita Chicken Strips | Tyson | 522-928 | | | X | | | | | | | Contains garlic, dextrose, maltodextrin, modified food starch-type not specified. Product info states no gluten-containing ingredients. |
| | Queso Blanco | JTM | 5718 | | | X | X | | | | | | Contains modified food starch. Product info states Gluten-Free. |
| | Onions & Pepper | Fresh Produce | | | | | | | | | | | |
| Chicken & Waffles (A-9046a) | Whole Grain Waffles | Aunt Jemima | | | X | X | X | | | X | | | Contains modified food starch, natural flavor |
| | Margarine, Trans Fat Free | Ventura Foods | 5972314 | | | X | X | | | | | | Contains Natural and Artificial Flavor |
| | Whole Grain Chicken Breast Tenders | Clux Deluxe | 66210 | | X | * | | | | | | | Contains corn flour and modified corn starch, dextrose, dried garlic. *contains soybean oil |
| Chicken Alfredo (A-3192) | Eggs | | | | | | | | | X | | | |
| | Fajita Chicken Strips | Tyson | 522-928 | | | X | | | | | | | Contains garlic, dextrose, maltodextrin, modified food starch-type not specified. Product info states no gluten-containing ingredients. |
| | Whole Grain Rotini Pasta | Barilla | 0003772 | | X | | | | | * | | | *Manufactured on equipment that processes products containing eggs |
| Chicken Caesar Salad w/Roll (A-4024) | Alfredo Sauce | JTM | 5722CE | | | | X | | | | | | |
| | Pan Spray | Vegalene Allergen-Free | | X | | | | | | | | | |
| | Romaine Lettuce | Fresh Produce | | X | | | | | | | | | |
| | Grilled Chicken Breast Filet | Tyson Red Label Premium Unbreaded 38300-928 | 38300 | | | | X | | | | | | Contains modified food starch-manufacturer states product does not contain gluten |
| | Parmesan Cheese | | 1060771 | | | | X | | | | | | |
| Lite Casear Dressing, Bulk | Ken's Foods | 5401047 | | | | X | X | | | | X | | |
| Roll, Homemade Wheat (A-1001) | | | | X | X | X | | | * | | | | *Some campuses may use pre-made roll dough, which contains eggs |

| MENU ENTREES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shellfish | Fish | Other |
|---|--|---|----------------------|------|-------|-----|------|--------|----------|-----|-----------|------|---|
| Chicken Chunks (Boneless Wing) (A-3016) | Whole Grain Chicken Breast Chunks | Perdue/Clux Delux | 66195 | | X | X | | | | | | | Contains garlic, corn flour, corn syrup |
| Chicken Crispadora (A-3046) | Whole Grain Chicken Chili Filled Tortillas | Tyson | 24569-928 | | X | * | | | | | | | Contains oats, modified food starch, corn starch, garlic powder, corn oil *Contains soybean oil |
| Chicken Fried Steak w/Roll (A-3014a) | Whole Grain Breaded Beef Patty Roll, Homemade Wheat (A-1001) | Advance | 69011 | | X | X | | | | | | | Contains garlic, modified corn starch, hydrolyzed corn protein *Some campuses may use pre-made roll dough, which contains eggs |
| Chicken Parmesan w/Spaghetti (A-3141) | Whole Grain Chicken Breast Filet Homemade Marinara Sauce (A-6001) Shredded Mozzarella Cheese Pasta, Whole Grain Spaghetti | Clux Delux onion, basil, salt, tomato sauce, garlic, pepper Land O Lakes Barilla | 66198 41698 | X | X | * | | | | | | | Contains garlic powder, yellow corn flour *Contains soybean oil Contains Garlic, Natural Flavors Manufactured on equipment that processes products containing eggs. |
| Chicken Sliders (A-5027) | Chicken Patty Whole Wheat Mini Hamburger Bun | Tyson 5778 Kurz Bakery | 5778 309 | | X | X | | | | | | | Contains Garlic, beef as flavoring Contains corn syrup, caramel color |
| Chicken Tenders w/Biscuit | Whole Grain Chicken Breast Tenders Whole Grain Biscuit | Clux Deluxe Pillsbury | 66210 94562-32267 | | X | * | | X | | | | | Contains corn flour and modified corn starch, dextrose, dried garlic. *contains soybean oil |
| Chicken Tenders w/Roll (A-3157c) | Whole Grain Chicken Breast Tender Roll, Homemade Wheat (A-1001) | Clux Deluxe | 66210 | | X | * | | | | | | | Contains corn flour and modified corn starch, dextrose, dried garlic. *contains soybean oil *Some campuses may use pre-made roll dough, which contains eggs |
| Chicken Teriyaki Bowl (A-3137f) | Chicken Teriyaki Stir Fry Kit Brown Rice (A-1004) | Minh (Brown Rice, pepper, onion) | | X | X | X | | | | X | | | Contains modified food starch (corn), garlic |
| Crispy Chicken Sandwich (A-5001) | Whole Wheat Hamburger Bun Whole Grain Chicken Breast Filet | Kurz Bakery Clux Delux | 304 66198 | | X | X | | | | | | | Processed on equipment that processes products containing sesame seeds Contains garlic powder, yellow corn flour *Contains soybean oil |
| Crunchy Fish Po'Boy (A-5062) | WG Pollock Bites Whole Grain Hoagie Bun Green Leaf Lettuce Ahab's Homemade Tartar Sauce (A-6047) | High Liner Foods Kurz Bakery Fresh Produce Light mayo, pickle brine, Frank's RedHOT Sauce, Onion Powder, Lemon Juice | 26264 22343 | X | X | X | | | | | X | | *May use soybean oil Contains corn, caramel coloring *Contains Soybean oil. Contains modified food starch (corn, potato). |
| Crunchy Fish & Chips w/Hushpuppies (A-3212) | Potato Crunch Breaded Pollock Potato Wedges Hushpuppies | North Atlantic McCain OIF00024A Savannah Classics | | | X | X | X | | | | | X | Contains dextrose, garlic May contain soybean oil, sunflower oil. Manufacturer states contains no added gluten ingredients or gluten sourced ingredients. |
| Feisty Mac (A-3222) | WG Elbow Macaroni LS Pinto Beans LS Red Kidney Beans LS Black Beans Green Chiles Spices Shredded Cheddar Cheese Roll, Homemade Wheat (A-1001) | Chile Powder, Paprika, Cumin, Garlic Powder, Onion Powder, Salt Land O Lakes | 25104 | X | X | | | X | | | | | *Some campuses may use pre-made roll dough, which contains eggs |
| Fish Bites w/Hushpuppies (A-3200) | WG Pollock Bites Hushpuppies | High Liner Foods Savannah Classics | 26264 | | X | * | X | X | | | | X | *May use soybean oil |

| MENU ENTREES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shellfish | Fish | Other |
|---|--|---|--------------|--------|-------|-----|--------|--------|----------|-----|-----------|------|--|
| French Toast Sticks w/Sausage (A-9032) | French Toast Sticks | Michael Foods 46025-75010 | 3026153 | | X | X | X | | | X | | | Contains corn starch, natural flavors, and caramel color. |
| | Chicken Sausage Patty | Tyson 17443-328 | | X | | | | | | | | | Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains no gluten |
| French Toast Sticks w/Eggs (A-9031) | French Toast Sticks | Michael Foods 46025-75010 | 3026153 | | X | X | X | | | X | | | Contains corn starch, natural flavors, and caramel color. |
| Frito Chili Pie (A-3154) | Turkey Chili | Jennie-O | 285428 | X | | | | | | | | | Contains spices, modified food starch, garlic info states No Allergens or Gluten |
| | Frito's Reduced Fat Corn Chips | Frito-Lay | | X | | | | | | | | | Contains corn and corn oil |
| | Shredded Cheddar Cheese | Land O Lakes | 25104 | | | | X | | | | | | |
| Galaxy Cheese Pizza (A-3181) | Cheese Pizza | Tony's | 78364 | | X | X | X | | | | | | Contains garlic |
| Greek Salad (A-4030) | Chickpeas | | | X | | | | | | | | | |
| | Kalamata Olives | | | X | | | | | | | | | |
| | Fresh Vegetables | romaine lettuce, green bell pepper, red onion, cucumber, tomato | | X | | | | | | | | | |
| | Feta Cheese Roasted Garlic Balsamic Vinaigrette | | | | | | X | | | | X | | Contains garlic |
| Hamburger (A-5023) | Whole Wheat Hamburger Bun | Kurz Bakery | 304 | | X | X | | | | | | | Processed on equipment that processes products containing sesame seeds |
| | Flamebroiled Steak Burger | Advance | 3-15-320-09 | | | * | | | | | | | *Belt Release: Soy Lecithin. Contains caramel color-manufacturer states caramel color does not contain gluten |
| Hamburger Sliders (A-5026) | Whole Wheat Mini Hamburger Bun | Kurz Bakery | 309 | | X | X | | | | | | | Contains corn syrup, caramel color |
| | Beef Slider Patty | Mini Charbroil Steak Burger--Advance Foods | 1-15-312-09 | | | * | | | | | | | *Belt Release: Soy Lecithin. Contains Caramel Color-manufacturer states caramel color does not contain gluten |
| Harvest Grilled Chicken Salad | Grilled Chicken Breast Filet | Tyson Red Label Premium Unbreaded 38300-928 | 38300 | | | X | | | | | | | Contains modified food starch-manufacturer states product does not contain gluten |
| | Fresh Produce | Romaine lettuce, cherry tomatoes, green apple | | X | | | | | | | | | |
| | Feta Cheese | | | | | | X | | | | | | |
| | Lemon-Thyme Vinaigrette | honey mustard, lemon juice, thyme, canola oil, black pepper | | | | | | | | X | | | Apples are tossed in dressing before they are added to the salad box. |
| Hummus Plate (A-3057c) | Dried Cranberries | | | X | | | | | | | | | |
| | Hummus, Traditional | Grecian Delight | | | | * | X | | | | | | Contains Garlic, Sesame tahini, natural flavors, *modified food starch-type not specified, spices. |
| | Fry Bread | Brian's Fabulous Fry Breads | B02216 | | X | X | | | | | | | |
| | Carrots Cucumbers | Fresh Produce Fresh Produce | | X X | | | | | | | | | |
| Inside Out Ham & Cheese Sandwich (A-5040) | Light Mozzarella String Cheese Stick | Land O Lakes | 59703 | | | | X | | | | | | |
| | Sliced Ham | Hormel Natural Choice | 68240 | X | | | | | | | | | |
| | American Slice Cheese, Reduced Fat/Sodium | Land O Lakes | 46288 | | | | X | X | | | | | |
| | Whole Wheat Hamburger Bun | Kurz Bakery | 304 | | X | X | | | | | | | Processed on equipment that processes products containing sesame seeds |
| | Parmesan Cheese Margarine, Trans Fat Free | 1060771 Ventura Foods | 5972314 | | | | X X | | | | | | Contains cellulose Contains Natural and Artificial Flavor |
| Italian Sausage Stromboli | WG Personal Cheese Pizza | Alpha Foods Inc | | | X | X | X | | | | | | Garlic, Food Starch Modified-type not specified |
| | Turkey Italian Sausage | Jennie O | | X | | | | | | | | | Contains Garlic |
| Macaroni and Cheese with Roll (A-3162a) | Whole Grain Macaroni & Cheese | Land O Lakes | 43274 | | X | | X | | | X | | | Contains modified food starch |
| | Roll, Homemade Wheat (A-1001) | | | | X | X | X | | | * | | | *Some campuses may use pre-made roll dough, which contains eggs |

| MENU ENTREES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shellfish | Fish | Other |
|---|---|--|---------------|------|-------|-----|------|--------|----------|-----|-----------|------|--|
| Made-to-Order Pasta (MS) <i>students build pasta bowl from options</i> | Whole Grain Rotini Pasta | Barilla | 0003772 | | X | | | | | * | | | *Manufactured on equipment that processes products containing eggs |
| | Beef Meatballs | Advance | CN 1-17-505-0 | | X | X | X | | | | | | |
| | Grilled Chicken Breast Filet | Tyson Red Label Premium Unbreaded 38300-928 | 38300 | | | X | | | | | | | Contains modified food starch-manufacturer states product does not contain gluten |
| | Chunky Marinara Sauce | onion, basil, salt, tomato sauce, garlic, pepper, diced tomatoes | | | | | | | | | | | |
| Maple Biscuit w/Sausage (2) (A-9015b) | Alfredo Sauce | JTM | 5722CE | | | | X | | | | | | |
| | Maple Biscuit | Bridgford | 6245 | | X | X | X | | | | | | Contains cornstarch |
| | Chicken Sausage Patty | Tyson 17443-328 | | X | | | | | | | | | Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states contains no gluten |
| Meatball Sub (A-5000) | Margarine, Trans Fat Free | Ventura Foods | 5972314 | | | X | X | | | | | | Contains natural and artificial flavor |
| | Beef Meatballs | Advance | CN 1-17-505-0 | | X | X | X | | | | | | |
| | Marinara Sauce (A-6001) | onion, basil, salt, tomato sauce, garlic, pepper | | X | | | | | | | | | Contains Garlic, Natural Flavors |
| | Shredded Mozzarella Cheese | Land O Lakes | 41698 | | | | X | | | | | | |
| Mini Pizza Bagels | Whole Grain Hoagie Bun | Kurz Bakery | 22343 | | X | X | | | | | | | Contains corn, caramel coloring |
| | WG Mini Cheese Pizza Bagels | Tasty Brands | 52222 | | X | X | X | | | * | | | Produced on equipment that also handles eggs |
| Moby Crunch Fish Sandwich (A-5055) | Potato Crunch Breaded Pollock | North Atlantic | | | X | X | X | | | | | X | Contains dextrose, garlic |
| | Whole Wheat Hamburger Bun | Kurz Bakery | 304 | | X | X | | | | | | | Processed on equipment that processes products containing sesame seeds |
| | American Slice Cheese, Reduced Fat/Sodium | Land O Lakes | 46288 | | | X | X | | | | | | |
| Munch Box (A-3180) | Star Sandwich Thin | Buena Vista | | | X | X | | | | | | | |
| | Shredded Mozzarella Cheese | Land O Lakes | 41698 | | | | X | | | | | | |
| | Turkey Pepperoni | Jennie-O | | X | | | | | | | | | Contains corn syrup, dextrose, garlic powder. Manufacture states does not contain allergens or gluten |
| | Marinara Sauce Cup | Red Gold | | X | | * | | | | | | | Product information states Gluten-Free, No Allergens. *Contains Soybean Oil |
| Nacho Bites w/Queso Blanco | Nacho Lil Bites | | | | | X | X | | | | | | Per manufacturer, item does not contain gluten ingredients, but the ingredients are not certified gluten free. |
| | Queso Blanco | JTM | 5718 | | | X | X | | | | | | Contains modified food starch. Product info states Gluten-Free. |
| Omelet w/Biscuit | Colby Cheese Omelet | Papetti's | 46025 | | | | X | | | X | | | |
| | Whole Grain Biscuit | Pillsbury | 8086082 | | X | | X | | | | | | |
| Orange Chicken w/Brown Rice (A-3058b) | Popcorn Chicken Breast Chunk Fritters | Koch | 86318 | | X | | | | | X | | | Contains modified food starch, garlic powder, corn flour, |
| | Less Sodium Orange Sauce | Minh | 69143 | | X | X | | | | | | | Contains Sesame Oil, garlic powder, yeast extract |
| | Brown Rice | Riceland Foods Inc | 4487609 | X | | | | | | | | | |
| | Seasonings | Onion, salt, pepper | | | X | X | | | | | | | |
| Pancakes w/Sausage (A-9019a) | Whole Grain Pancakes | Aunt Jemima | 43582 | | X | X | X | | | X | | | Contains corn |
| | Chicken Sausage Patty | Tyson 17443-328 | | X | | | | | | | | | Contains garlic. Contains modified food starch, caramel color, and natural flavors. Manufacturer states |
| Pepperoni Pizza (A-3221) | WG Thin Pepperoni Pizza | Alpha Foods Inc | AS164WT | | X | X | X | | | | | | Contains corn starch, garlic |
| Pizzadilla | Low Sodium Ultra Grain Tortilla | Azteca | 06109 | | X | | | | | | | | |
| | Shredded Mozzarella Cheese | Land O Lakes | 41698 | | | | X | | | | | | |
| | Turkey Pepperoni | Jennie-O | | X | | | | | | | | | Contains corn syrup, dextrose, garlic powder. Manufacture states does not contain allergens or gluten |
| | Marinara Sauce (A-6001) | onion, basil, salt, tomato sauce, garlic, pepper | | X | | | | | | | | | Contains Garlic, Natural Flavors |

| MENU ENTREES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shellfish | Fish | Other |
|--|--|---|--------------|------|-------|-----|------|--------|----------|-----|-----------|------|---|
| Popcorn Chicken Salad w/Roll (A-4000a) | Popcorn Chicken Breast Chunk Fritters | Koch | 86318 | | X | | | | | X | | | Contains modified food starch, garlic powder, corn flour, |
| | Romaine and Leaf Lettuce, Tomato | Fresh Produce | | X | | | | | | | | | |
| | Shredded 50% Reduced Sodium 50% Reduced Fat Cheddar Cheese | Land O Lakes | 25104 | | | | X | | | | | | |
| | Roll, Homemade Wheat (A-1001) | | | | X | X | X | | | | * | | *Some campuses may use pre-made roll dough, which contains eggs |
| Popcorn Chicken w/Biscuit (A-3223) | Popcorn Chicken Breast Chunk Fritters | Koch | 86318 | | X | | | | | X | | | Contains modified food starch, garlic powder, corn flour, |
| | Whole Grain Biscuit | Pillsbury | 94562-32267 | | X | | X | | | | | | |
| Popcorn Tofu w/Roll (A-3213) | Popcorn Tofu | | | | X | X | | | | | | | Manufactured in a facility that also processes egg, milk, and tree nuts |
| | Roll, Homemade Wheat (A-1001) | | | | X | X | X | | | | * | | *Some campuses may use pre-made roll dough, which contains eggs |
| Pork BBQ Sandwich | Pork BBQ w/vinegar marinade | Brookwood Farms | | | | X | | | | | | | Contains corn syrup solids, garlic powder, spices |
| | Hickory BBQ Sauce | Clements Foods | | X | | | | | | | | | Food starch modified, natural smoke flavoring, natural coloring, worcestershire |
| | Whole Wheat Hamburger Bun | Kurz Bakery | 304 | | X | X | | | | | | | Processed on equipment that processes products containing sesame seeds |
| Protein Power Box (A-3205) | Oven Roasted Turkey Stick | Jennie-O | | X | | | | | | | | | |
| | Hard Boiled Egg | | | | | | | | | X | | | |
| | Whole Grain Mini Pretzels | Snyder's of Hanover | | | X | | | | | | | | |
| | Applesauce Cup | | | X | | | | | | | | | |
| Rotini with Meat Sauce (A-3006) | Whole Grain Rotini Pasta | Barilla | 0003772 | | X | | | | | * | | | *Manufactured on equipment that processes products containing eggs |
| | Turkey Spaghetti Sauce | Jennie-O | 0285328 | X | | | | | | | | | Contains garlic powder, modified food starch. Manufacturer states no allergens or gluten. |
| | Canola Salad Oil | | 1799840 | X | | | | | | | | | |
| Rotisserie Chicken w/Roll (A-3060a) | Whole Fryer Chicken | Koch Foods, Sysco Classic | | X | | | | | | | | | |
| | Rotisserie Seasoning Spice | | | X | | | | | | | | | Contains Garlic, Spices |
| | Roll, Homemade Wheat (A-1001) | | | | X | X | X | | | * | | | *Some campuses may use pre-made roll dough, which contains eggs |
| Shrimp Poppers w/Hushpuppies (A-3063) | Shrimp Poppers | SeaPak 47039 | | | X | X | X | | | | X | | Contains corn and garlic |
| | Hushpuppies | Savannah Classics | | | X | X | X | | | X | | | |
| Smart Mouth Cheese Pizza (A-3081) | SM Honey Wheat Dough | Bulls Eye Brands | | | X | * | | | | | | | *Dough may contain soy |
| | SM Pizza Sauce | Bulls Eye Brands | | X | | | | | | | | | Contains Modified food starch, garlic, natural flavors |
| | SM Mozzarella Cheese | Bulls Eye Brands | | | | | X | | | | | | Contains modified food starch, flavors |
| Smart Mouth Pepperoni Pizza (A-3082) | SM Honey Wheat Dough | Bulls Eye Brands | | | X | * | | | | | | | *Dough may contain soy |
| | SM Pizza Sauce | Bulls Eye Brands | | X | | | | | | | | | Contains Modified food starch, garlic, natural flavors |
| | SM Pepperoni | Bulls Eye Brands | | X | | | | | | | | | Contains pork, spice, & flavoring |
| | SM Mozzarella Cheese | Bulls Eye Brands | | | | | X | | | | | | Contains modified food starch, flavors |
| Smart Mouth Buffalo Chicken Pizza | SM Honey Wheat Dough | Bulls Eye Brands | | | X | * | | | | | | | *Dough may contain soy |
| | Buffalo Ranch Sauce | Foothill Farms Mix (dressing mix, mayonnaise, & milk), Frank's RedHot sauce | | | | * | X | | | X | | | Contains MSG, Garlic, Natural Flavor. * Soybean oil |
| | SM Mozzarella Cheese | Bulls Eye Brands | | | | | X | | | | | | Contains modified food starch, flavors |
| | Chicken Fajita Strips | Tyson | | | | X | | | | | | | Contains garlic, dextrose, maltodextrin, modified food starch-type not specified. Product info states no gluten-containing ingredients. |

| MENU ENTREES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shellfish | Fish | Other |
|---|--|---|--------------|------|-------|-----|------|--------|----------|-----|-----------|------|--|
| Smothered Bean Burrito (A-3185) | Bean and Cheese Burrito | Los Cabos | 47499 | | X | X | X | | | | | | Contains modified food starch. Product info states Gluten-Free. |
| | Queso Blanco | JTM | 5718 | | | X | X | | | | | | |
| | Reduced Fat Shredded American Cheese | Land O Lakes | | | | | X | | | | | | |
| Southwest Salad (A-4029) | Grilled Chicken Breast Filet | Tyson Red Label Premium Unbreaded 38300-928 | 38300 | | | | X | | | | | | Contains modified food starch-manufacturer states product does not contain gluten |
| | Fresh Produce | Romaine, Pico de Gallo | | X | | | | | | | | | |
| | Cheddar Cheese | Land O Lakes | | | | | X | | | | | | |
| | Black Beans | | | X | | | | | | | | | |
| | Frito's Reduced Fat Corn Chips | Frito-Lay | | X | | | | | | | | | Contains corn and corn oil |
| | Seasonings | Mrs. Dash Fiesta Lime, chili powder, cumin, paprika, onion powder | | X | | | | | | | | | contains garlic |
| Spaghetti w/Meat Sauce (A-3036) | Turkey Spaghetti Sauce | Jennie-O | 285328 | X | | | | | | | | | Contains garlic, modified food starch Product info states No Allergens or Gluten. Manufactured on equipment that processes products containing eggs. |
| | Pasta, Whole Grain Spaghetti | Barilla | | | | X | | | | * | | | |
| | Canola Salad Oil | | 1799840 | X | | | | | | | | | |
| Spicy Chicken Sandwich (A-5010) | Hot & Spicy Breaded Chicken Breast Filet | Clux Delux | 66193 | | X | | X | | | X | | | Contains modified food starch, modified corn starch, garlic |
| | Whole Wheat Hamburger Bun | Kurz Bakery | 304 | | X | X | | | | | | | Processed on equipment that processes products containing sesame seeds |
| Steak Fingers w/Roll (A-3004a) | Steak Fingers | Advance | 69012 | | X | X | | | | | | | Contains garlic, modified corn starch, hydrolyzed corn protein, yeast extract |
| | Roll, Homemade Wheat (A-1001) | | | | X | X | X | | | * | | | *Some campuses may use pre-made roll dough, which contains eggs |
| Stuffed Shells w/Gilardi's Breadstick (A-3150a) | Whole Grain Cheese Stuffed Shells | Tasty Brands | 00803WG | | X | | X | | | X | | | Contains garlic |
| | Homemade Marinara Sauce (A-6001) | onion, basil, salt, tomato sauce, garlic, pepper | | X | | | | | | | | | Contains Garlic, Natural Flavors |
| | Parmesan Cheese | | 1060771 | | | | X | | | | | | Contains cellulose |
| | Gilardi's | 6" Cheese Filled Breadsticks | | | X | X | X | | | | | | |
| Sweet Potato Fish w/Hushpuppies (A-3074b) | Sweet Potato Alaska Pollock Sticks | American Pride | | | X | * | | | | | | X | Contains corn, garlic *Contains soybean oil |
| | Hushpuppies | Savannah Classics | | | X | X | X | | | X | | | |
| Tony's Stuffed Sticks (A-3033) | Whole Grain Cheese Stuffed Sticks | Schwan | 73338 | | X | X | X | | | X | | | Contains corn oil, dextrose, modified food starch, garlic powder |
| Yogurt Trio (A-3005c) | Nonfat Yogurt | Upstate Farm | MPC9819 | | | | X | | | | | | Contains modified corn starch |
| | Light Mozzarella String Cheese Stick | Land O Lakes | 59703 | | | | X | | | | | | |
| | Cranberry Orange Scone | Fat Cat | | | X | | X | | | * | | | Prepared in a Nut-Free facility. Manufactured on equipment that also processes eggs. |

| MENU VEGETABLES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shell-fish | Fish | Other |
|------------------------------------|--|---|--------------|------|-------|-----|------|--------|----------|-----|------------|------|--|
| Corn (A-8007) | Corn, Frozen | | 2514974 | X | | | | | | | | | |
| | Margarine, Trans Fat Free | Ventura Foods | 5972314 | | | X | X | | | | | | Contains natural and artificial flavor |
| Cucumber Slices (A-8015) | Cucumber | Fresh Produce | | X | | | | | | | | | |
| Curly Fries (A-8016) | Seasoned Spiral Fries | McCain | 1000004108 | X | | * | | | | | | | *May contain Soybean Oil |
| Edamame (A-8058) | Edamame | Simplot | | | | X | | | | | | | |
| Edamame Succotash/Confetti Corn | Edamame Blend (Soybeans, Corn, Red Bell Pepper) | Simplot | | X | | | | | | | | | |
| French Fries, Crinkle Cut (A-8010) | Concertinas | Lamb Weston | X14 | X | | | | | | | | | Contains Dextrose |
| Garden Side Salad (A-4010) | Green Leaf Lettuce | Fresh Produce | | X | | | | | | | | | |
| | Romaine Lettuce | Fresh Produce | | X | | | | | | | | | |
| | Red Cabbage | Fresh Produce | | X | | | | | | | | | |
| | Cherry Tomato | Fresh Produce | | X | | | | | | | | | |
| | Fresh Carrots | Fresh Produce | | X | | | | | | | | | |
| Ginger Glazed Carrots (A-7058) | Baby Carrots | Fresh Produce | | X | | | | | | | | | |
| | Butter Blend | | | | | X | X | | | | | | |
| | Brown Sugar | | | X | | | | | | | | | |
| | Lemon Juice | | | X | | | | | | | | | |
| | Spices (ginger, black pepper, salt) | | | X | | | | | | | | | |
| Green Beans (A-8001) | Green Beans, Frozen | Allen Canning 1092533 | 6018388 | X | | | | | | | | | |
| | Yellow Onion | Fresh Produce | | X | | | | | | | | | |
| | Pepper | Sysco | 5331048 | X | | | | | | | | | |
| | Butter Buds Sauce | Butter Buds Foodservice | 49835 | | | | X | | | | | | Contains maltodextrin, manufacturer states is gluten free |
| | Garlic Powder | | 5239611 | X | | | | | | | | | |
| Lettuce & Tomato Cup (A-8039) | Romaine Lettuce | Fresh Produce | | X | | | | | | | | | |
| | Whole Fresh Tomato | Fresh Produce | | X | | | | | | | | | |
| Lettuce/Tomato/Pickle Cup (A-8004) | Romaine Lettuce | Fresh Produce | | X | | | | | | | | | |
| | Whole Fresh Tomato | Fresh Produce | | X | | | | | | | | | |
| | Dill Pickle Slices | | 4521613 | X | | | | | | | | | Contains Natural Flavors |
| Mashed Potatoes (A-8000) | Mashed Potatoes | Idahoan Real Low Sodium | | | | X | X | | | | | | |
| | Spices | Garlic Powder, Onion Powder, Salt | | X | | | | | | | | | |
| | Margarine, Trans Fat Free | Ventura Foods | 5972314 | | | X | X | | | | | | Contains natural and artificial flavor |
| Peas (A-8041) | Green Peas | | | X | | | | | | | | | |
| | Onion | | | X | | | | | | | | | |
| | Margarine, Trans Fat Free | Ventura Foods | 5972314 | | | X | X | | | | | | Contains natural and artificial flavor |

| MENU VEGETABLES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shell-fish | Fish | Other |
|---|--|----------------------------|--------------|------|-------|-----|------|--------|----------|-----|------------|------|---|
| Potato Wedges (A8003) | | McCain OIF00024A | 0041539 | | | * | | | | | | | May contain soybean oil, sunflower oil. Manufacturer states contains no added gluten ingredients or gluten sourced ingredients. |
| Homemade Refried Beans (A-8017a) | Pinto beans, spices (garlic, chili powder, cumin, paprika, onion powder, salt), canola oil | | | X | | | | | | | | | Contains garlic. |
| Red Pepper Strips w/Carrots (A-8063) | Red Bell Pepper | Fresh Produce | | X | | | | | | | | | |
| | Fresh Carrots | Fresh Produce | | X | | | | | | | | | |
| Roasted California Vegetables (A-8051) | California Blend Frozen Vegetables | Simplot | 5315555 | X | | | | | | | | | |
| | Salad Oil | | 1799840 | X | | | | | | | | | |
| | Italian Spices | Spice | | X | | | | | | | | | |
| | Garlic Powder | Spice | 5239611 | X | | | | | | | | | |
| | Salt | Spice | 4002994 | X | | | | | | | | | |
| | Pepper | Sysco | 5331048 | X | | | | | | | | | |
| Roasted Redskin Potatoes with Rosemary and Garlic | | McCain MCF04851 | | X | | | | | | | | | Contains Garlic, Natural Flavor. Manufacturer states contains no added gluten ingredients or gluten sourced ingredients. |
| Roasted Spiced Cauliflower (A-7056) | Fresh Cauliflower Florets | Fresh Produce | | X | | | | | | | | | |
| | Salad Oil | | | X | | | | | | | | | |
| | Spices (chili powder, paprika, salt) | | | X | | | | | | | | | |
| | Lemon Juice | | | X | | | | | | | | | |
| Spinach Side Salad | Spinach | Fresh Produce | | X | | | | | | | | | |
| | Cherry Tomato | Fresh Produce | | X | | | | | | | | | |
| | Red Onion | Fresh Produce | | X | | | | | | | | | |
| Steamed Broccoli (A-8042) | Broccoli, Frozen | Allen Canning 255956 | 1614635 | X | | | | | | | | | |
| | Butter Buds Sauce | Butter Buds Foodservice | 49835 | | | | X | | | | | | Contains maltodextrin, manufacturer states is gluten free |
| Sweet Potato Crosstrax | Sweet Potato Fries | McCain MCF05074 | | X | | | | | | | | | Contains caramel color, natural flavors, & may contain sunflower oil. Manufacturer states contains no added gluten ingredients or gluten sourced ingredients. |
| Tater Tots | Reduced Sodium Tater Tots | Ore-Ida | 1000002789 | X | | * | | | | | | | Contains soybean oil |

| MENU CONDIMENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shell-fish | Fish | Other |
|-----------------------------------|---|--------------|------|-------|-----|------|--------|----------|-----|------------|------|--|
| Fat Free Pepper Gravy Mix | Morrisons 7244 | 9534421 | | X | * | X | | | | | | Contains *Soybean Oil, Modified Food Starch-type not specified |
| Buffalo Ranch Sauce | Foothill Farms Mix (dressing mix, mayonnaise, & milk), Frank's RedHot sauce | | | | * | X | | | X | | | Contains MSG, Garlic, Natural Flavor. * Soybean oil |
| Cream Cheese | Block & Barrel | | | | | X | | | | | | |
| Jelly | House Recipe | 4216016 | X | | | | | | | | | |
| Pancake Syrup | House Recipe | 1696608 | X | | | | | | | | | Contains Natural and Artificial Flavors and Caramel Color |
| Honey Mustard Sauce, 1 oz | House Recipe, Sysco | 4551727 | | | * | | | | X | | | *Contains Soybean Oil |
| Honey Mustard Dressing, 1.5 oz | Kraft | | | | * | | | | X | | | *Contains Soybean Oil |
| Cannonball BBQ Sauce, 1.25 oz | Ken's Steak House | 4794640 | X | | | | | | | | | Contains Modified Food Starch-type not specified, Sunflower Oil, Garlic, Caramel |
| Smart Balance Buttery Spread, PC | | | | | X | | | | | | | |
| Fat Free Sour Cream, 1 oz | Land O Lakes | | | | | X | | | | | | Modified Food Starch-type not specified |
| Hidden Valley Ranch Dressing | | | | | * | X | | | X | | | Contains *Soybean Oil, MSG, Modified Food Starch, Natural and Artificial flavors |
| Ken's Caesar Dressing, 1.5 oz | Ken's Foods | | | | * | X | | | | | X | Contains *Soybean Oil, Garlic |
| Italian Dressing, Fat Free 1.5 oz | Ken's Foods | 5954250 | X | | | | | | | | | Contains Natural Flavor, yellow #5, yellow #6, and Sunflower oil |
| Ranch Dressing, (Salad Bar) | Foothill Farms Mix (dressing mix, mayonnaise, & milk) | | | | * | X | | | X | | | Garlic, Natural Flavor. * Soybean oil |
| Ranch Dressing, PC (12gms) | Sysco | 5112735 | | | * | X | | | X | | | Contains *Soybean Oil, Garlic |
| Italian Dressing, PC | Sysco | 5126651 | | | * | | | | | | | Contains *Soybean Oil, Garlic |
| Mustard, PC | Sysco | 5106059 | X | | | | | | | | | Contains Garlic |
| Heinz Fat Free Mayo | Heinz | 6735138 | | | X | X | | | X | | | |
| Picante Sauce, PC | | 5483441 | X | | | | | | | | | Contains Garlic |
| Sriracha Ketchup | Red Gold | | X | | | | | | | | | Contains Garlic |
| Tomato Ketchup, 9 g packets | Red Gold REDY59G | | X | | | | | | | | | |
| Tartar Sauce | | 6569214 | | | * | | | | X | | | Contains *Soybean Oil, Modified Food Starch, Natural Flavors |

| BEVERAGES | INGREDIENTS | PRODUCT | DISTRIB. CODE | NONE | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shell-fish | Fish | Other |
|-------------------------|-----------------------|----------------------|---------------|------|-------|-----|------|--------|----------|-----|------------|------|---|
| Bottled Water | | Nestle Pure Life | | X | | | | | | | | | |
| Epic Purple | 100% Juice | Fruit 66 | | X | | | | | | | | | Contains soluble corn fiber |
| Epic Lemon Lime | 100% Juice | Fruit 66 | | X | | | | | | | | | Contains soluble corn fiber |
| Epic Strawberry Melon | 100% Juice | Fruit 66 | | X | | | | | | | | | Contains soluble corn fiber |
| Chocolate Milk | Skim | Oak Farms/TruMoo | 23736 | | | | X | | | | | | |
| White Milk | 1% | Oak Farms | 23100 | | | | X | | | | | | |
| True Brew Orange Juice | 100% fruit juice | True Brew | | X | | | | | | | | | Contains natural flavors |
| True Brew Apple Juice | 100% fruit juice | True Brew | | X | | | | | | | | | Contains natural flavors |
| True Brew Fruit Punch | 100% fruit juice | True Brew | | X | | | | | | | | | |
| Izze Blackberry | Sparkling Fruit Juice | Izze Sparkling Juice | | X | | | | | | | | | Contains natural flavors |
| Izze Clementine | Sparkling Fruit Juice | Izze Sparkling Juice | | X | | | | | | | | | Contains natural flavors |
| Izze Apple | Sparkling Fruit Juice | Izze Sparkling Juice | | X | | | | | | | | | Contains natural flavors |
| Juice Bowl Orange Juice | 100% fruit juice | Juice Bowl | | X | | | | | | | | | |
| Juice Bowl Grape Juice | 100% fruit juice | Juice Bowl | | X | | | | | | | | | |
| Juice Bowl Apple Juice | 100% fruit juice | Juice Bowl | | X | | | | | | | | | |
| Juice Bowl Fruit Punch | 100% fruit juice | Juice Bowl | | X | | | | | | | | | |
| Fruit Wave H2O Orange | Flavored Water | Fruit Wave H2O | | X | | | | | | | | | Contains Fructose, natural flavors |
| Fruit Wave H2O Mango | Flavored Water | Fruit Wave H2O | | X | | | | | | | | | Contains Fructose, natural flavors |
| Fruit Wave H2O Cherry | Flavored Water | Fruit Wave H2O | | X | | | | | | | | | Contains Fructose, natural flavors |
| Half & Half Tea | Green tea, lemonade | Steaz Tea | | X | | | | | | | | | Contains natural fruit flavors |
| Super Fruit Tea | Green tea | Steaz Tea | | X | | | | | | | | | Contains natural fruit flavors |
| Peach Tea | Green tea | Steaz Tea | | X | | | | | | | | | Contains natural fruit flavors |
| G2 Glacier Freeze | | Gatorade | | X | | | | | | | | | Contains natural flavor, sucralose, acesulfame potassium, and Blue 1 |
| G2 Mixed Berry Clear | | Gatorade | | X | | | | | | | | | Contains natural flavor, sucralose, and acesulfame potassium |
| G2 Grape | | Gatorade | | X | | | | | | | | | Contains natural and artificial flavor, sucralose, acesulfame potassium, Red 40, and Blue 1 |

| BREAKFAST ENTREES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shell-fish | Fish | Other |
|-------------------------------------|---------------------------------|---------------------------|--------------|------|-------|-----|------|--------|----------|-----|------------|------|--|
| Apple Frudel | | Pillsbury | | | X | | X | | | | | | Contains corn syrup, modified corn starch |
| Assorted Cereal w/Toast | Cereal, Cheerios | Gen Mills 32262000 | | X | | | | | | | | | Oats, corn starch |
| | Cereal, Cinnamon Toast Crunch | Gen Mills 11815000 | | | X | X | | | | | | | |
| | Cereal, Apple Cinnamon Cheerios | Gen Mills 31879000 | | | X | | | | | | | | Oats, Corn meal |
| | Cereal, Fruity Cheerios | Gen Mills 31916000 | | | X | | | | | | | | Oats, Corn, Red 40, Yellow 6, Blue1 |
| | Cereal, Golden Grahams | Gen Mills 11943000 | | | X | | | | | | | | Corn |
| | Cereal, Rice Chex | Gen Mills 31921000 | | X | | | | | | | | | |
| | Cereal, Rice Krispies | Kellogg's | | X | | | | | | | | | Malt flavor |
| | Wheat Toast (A-1002) | Kurz | | | X | X | X | | | | | | |
| Bagel, White Whole Grain | Plain Bagel | Lender's | | | X | | | | | | | | |
| Chicken Biscuit (A-9008) | Chicken Patty | Tyson 5778 | 5778 | | X | X | | | | | | | Contains Garlic |
| | Whole Grain Biscuit | Pillsbury | 94562-32267 | | X | | X | | | | | | |
| | Margarine, Trans Fat Free | Ventura Foods | 5972314 | | | X | X | | | | | | Contains natural and artificial flavor |
| Chorizo Breakfast Pizza (A-9071) | WG Personal Cheese Pizza | Alpha Foods Inc | | | X | X | X | | | | | | Garlic, Food Starch Modified-type not specified |
| | Turkey Chorizo | Jennie-O | 639740 | | | X | | | | | | | Contains Garlic |
| Cranberry Orange Scone | | Fat Cat Bakery | | | X | | X | | | * | | | *Prepared on equipment that also processes eggs. Made in a Nut-Free Facility |
| Egg and Turkey Bacon Breakfast Boat | | ConAgra | | | X | X | X | | | X | | | Contains modified food starch, corn starch, hydrolyzed corn protein |
| French Toast Sticks (A-9026) | | Michael Foods 46025-75010 | 3026153 | | X | X | X | | | X | | | Contains corn starch, natural flavors, and caramel color. |
| Maple-Burstin Mini Pancakes | | Pillsbury | | | X | | X | | | X | | | Contains natural and artificial flavor |
| Mini Bagels- Cinnamon | | Pillsbury | | | X | * | X | | | | | | Contains maltodextrin, modified corn starch *contains soybean oil |
| Mini Breakfast Pizzas | WG Mini Cheese Pizza Bagels | Tasty Brands | 52222 | | X | X | X | | | * | | | Produced on equipment that also handles eggs |
| Mini Cinnis | | Pillsbury | | | X | | X | | | | | | Contains modified corn starch |

| SNACKS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shellfish | Fish | OTHER |
|--|---------------------|--------------|------|-------|-----|------|--------|----------|-----|-----------|------|---|
| Cheddar and Bacon Baked Fries (ES only) | Salveo | | | | | X | | | | | | Certified Gluten-Free |
| Hot & Spicy Baked Fries (ES only) | Salveo | | | | | X | | | | | | Certified Gluten-Free |
| Cheeseballs (ES only) | Salveo | | | | | X | | | | | | Certified Gluten-Free |
| Original Sea Salt Baked Potato Crisps (ES only) | Salveo | | | | X | | | | | | | Gluten Free |
| BBQ Flavored Baked Potato Crisps (ES only) | Salveo | | | | X | | | | | | | Gluten Free |
| Chips, 0.7oz, RF Cheetos Mellow Puffs (MS and HS only) | Frito Lay 21910 | 2255848 | | | | X | | | | | | Contains Corn, MSG, Yellow 6, Yellow 5. Gluten Free |
| Chips, 1oz. RF Cool Ranch Doritos (MS and HS only) | Frito Lay 36096 | 5073130 | | | | X | | | | | | Contains Corn, Garlic, MSG, Natural and Artificial flavor, Yellow 5, Blue 1, Red 40. Manufacturer states does not contain gluten ingredients. |
| Chips, 1 oz Doritos Reduced Fat Spicy Sweet Chili (MS and HS only) | Frito Lay 49093 | | | X | X | | | | | | | Contains Corn, Garlic, MSG, caramel color, corn |
| Chips, 1oz. Cheetos Hot Fantastix (MS and HS only) | Frito Lay 43578 | 6888479 | | | | X | | | | | | Contains Garlic, MSG, Red 40, & Yellow 6. Gluten Free |
| Chips, 1oz. RF Nacho Cheese Doritos (MS and HS only) | Frito Lay 31748 | 6626774 | | | | X | | | | | | Contains Corn, Garlic, MSG, natural and artificial flavor, Yellow 5, Yellow 6, Red 40. Manufacturer states does not contain gluten ingredients. |
| Chips, 1oz. Cheetos Fantastix Chili Cheese (MS and HS only) | Frito Lay 36098 | 5261708 | | | | X | | | | | | Contains Corn, MSG, Natural and Artificial Flavors, Yellow 5 & Yellow 6. Gluten Free |
| Chips, 0.875 oz Baked Tostitos Scoops | Frito Lay 42537 | 6510388 | | | | | | | | | | Contains Corn. May contain Sunflower Oil. No preservatives Gluten Free |
| Popchips, Sea Salt Potato | Popchips | | X | | | | | | | | | |
| Popchips, Barbeque Potato | Popchips | | | | | X | | | | | | |
| Popchips, Sour Cream & Onion | Popchips | | | | | X | | | | | | |
| Popchips, Crazy Hot Potato | Popchips | | | | | X | | | | | | |
| Popchips, Cheddar & Sour Cream Potato Ridges | Popchips | | | | | X | | | | | | |
| Beef Jerky, Original Flavor | Jack Links | | X | | | | | | | | | Contains flavoring |
| Frozen® Graham Snacks | | | | | | | | | | | | |
| Muffin, Blueberry (2 oz) | Sara Lee 8860 | | | X | X | | | | | X | | |
| Muffin, Double Chocolate (2 oz) | Sara Lee 8862 | | | X | X | X | | | | X | | |
| Muffin, Banana (2 oz) | Sara Lee 8861 | | | X | X | | | | | X | | |
| Nonfat Yogurt, Cherry Vanilla | Upstate Farms | MPC 9819 | | | | X | | | | | | |
| Nonfat Yogurt, Strawberry | Upstate Farms | MPC 9815 | | | | X | | | | | | |
| Yoplait Go BIG yogurt | Yoplait | | | | | X | | | | | | Contains Kosher Gelatin |
| Rice Krispies Treats | | | | | X | X | | | | | | |
| Simply Chex Strawberry Yogurt | General Mills 31937 | | | X | X | X | | | | | | Contains natural flavors |
| Simply Chex Habanero Lime | | | | X | * | | | | | | | *May contain soy |
| Krave Smores | Kellogg's | | | X | X | X | | | | | | Contains corn starch, corn bran |
| Holiday-Themed Cookies | Buena Vista | | | X | X | | | | X | | | Prepared in a Peanut and Tree Nut Free Plant |

| SNACKS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shellfish | Fish | OTHER |
|---|---------------------|--------------|------|-------|-----|------|--------|----------|-----|-----------|------|---|
| Cheddar Goldfish, Made with Whole Grain (0.75 oz) | Pepperidge Farm | 6599405 | | X | X | X | | | | | | |
| Whole Grain Cheez-it 0.5oz | Kellogg's 09685 | 2098629 | | X | X | X | | | | | | |
| Whole Grain Cheez-it Cheddar Loco | Kellogg's | | | X | X | X | | | | | | |
| Quaker, Snack Mix, Kids Mix (.875 oz) | Frito Lay 36308 | 5073089 | | X | * | X | | | | | | Contains Oat Flour, MSG, Yellow #5, & Yellow #6, Modified Food Starch, Coconut Oil, Garlic, Natural Flavors |
| Cinnamon Crisps | Nature Valley | 2950725 | | X | X | X | | | | | | Oats, corn syrup, rice flour, barley malt. May contain milk, wheat, and soy. |
| Pretzels, Whole Grain | Snyder's of Hanover | | | X | | | | | | | | |
| Pretzel, Whole Grain Soft (Jumbo) | J&J | | | X | X | | | | | | | |
| Whole Grain Cookie Chocolate Chip 1.5 oz | J&J Readi Bake | | | X | X | X | | | X | | | |
| White Cheddar Popcorn Smartfood Delight | Pepsico | | | | | X | | | | | | Gluten Free. Contains Natural Flavors, Corn |
| Applesauce Pouch (no sugar added, 3.2oz) | Treetop | 2510483 | X | | | | | | | | | Contains NO Gluten |
| Sidekicks, Frozen 100% Juice, Sour-Cherry | Ridgefields | | X | | | | | | | | | Gluten Free. Contains Natural Flavors |
| Sidekicks, Frozen 100% Juice, Strawberry-Mango | Ridgefields | | X | | | | | | | | | Gluten Free. Contains Natural & Artificial Flavors |
| Pirate's Booty Aged White Cheddar | | | | | | X | | | | | | Gluten Free. Made in a peanut and tree nut free facility. |
| String Cheese | Land O Lakes | 59703 | | | | X | | | | | | |
| Kiwi Strawberry 100% Juice Slush | Rips | | X | | | | | | | | | Contains maltodextrin, cellulose gum |
| Blue Raspberry 100% Juice Slush | Rips | | X | | | | | | | | | Contains maltodextrin, cellulose gum |
| Dragon Punch 100% Juice Slush | Rips | | X | | | | | | | | | Contains maltodextrin |
| Cherry Limeade 100% Juice Slush | Rips | | X | | | | | | | | | Contains maltodextrin, cellulose gum |
| Sour Apple 100% Juice Slush | Rips | | X | | | | | | | | | Contains maltodextrin, cellulose gum |
| Sour Apple Twister Cup | Hershey's Ice Cream | 7007732 | X | | | | | | | | | Contains corn syrup, FD&C Yellow 5&6, Blue 1 |
| Low Fat Cookies N Cream Cone | Hershey's Ice Cream | 7007724 | | X | X | X | | | | | | Contains high fructose corn syrup, artificial flavor |
| Reduced Fat Vanilla Ice Cream Sandwich | Hershey's Ice Cream | 7007734 | | X | X | X | | | | | | Contains corn syrup, high fructose corn syrup, caramel color, dextrose |
| Chocolate Scooter Ice Cream Bar | Hershey's Ice Cream | 7007740 | | X | X | X | | | | | | Contains corn syrup, high fructose corn syrup, caramel color, dextrose, FD&C Blue #1, Red #40 |
| Polar Blast Fruit Punch Bar | Hershey's Ice Cream | 7007728 | X | | | | | | | | | Contans corn syrup, FD&C Red #40 |
| Frozen Yogurt, Chocolate Decadence | Miss Karen's | 105721 | | * | X | X | * | * | * | | | Manufactured on equipment that also processes eggs, wheat, peanuts, and tree nuts |

| SNACKS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shellfish | Fish | OTHER |
|-----------------------------|--------------|-----------------|------|-------|-----|------|--------|----------|-----|-----------|------|--|
| Frozen Yogurt, Vanilla Bean | Miss Karen's | 105721 | | * | * | X | * | * | * | | | Manufactured on equipment that also processes soy, eggs, wheat, peanuts, and tree nuts |
| YoDots Chocolate & Vanilla | Dippin' Dots | | | | | X | * | * | | | | *Dippin' Dots are manufactured in a facility that also processes peanuts and tree nuts |
| YoDots Cookies 'n Cream | Dippin' Dots | | | X | X | X | * | * | | | | *Dippin' Dots are manufactured in a facility that also processes peanuts and tree nuts |
| YoDots Cookie Dough | Dippin' Dots | | | X | X | X | * | * | | | | *Dippin' Dots are manufactured in a facility that also processes peanuts and tree nuts |
| Redberry Sherbet | Dippin' Dots | | | | X | X | * | * | | | | Contains red 40 lake |

| HS DELI LINE CHOICES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shell-fish | Fish | Other |
|---------------------------------|----------------------------------|--|---------------|------|-------|-----|------|--------|----------|-----|------------|------|---|
| Tuna Salad Sandwich | Sliced Wheat Bread | | | | X | * | * | | | | | | Contains High Fructose Corn Syrup, *soybean oil. *Manufactured in a facility that processes milk. Contains modified food starch (corn, potato). *Contains soybean oil Manufacturer label states product is gluten-free. Contains mustard, high fructose corn syrup, spices |
| | Light Mayo | Hellman's | | | | * | | | | X | | | |
| | Egg | Fresh Whole Eggs | | | | | | | | X | | | |
| | Sweet Relish | Bay Valley Foods | | X | | | | | | | | | |
| | Celery Sticks | Fresh Produce | | X | | | | | | | | | |
| | Yellow Onion | Fresh Produce | | X | | | | | | | | | |
| | Canned Tuna | Chicken of the Sea | | | | | | | | | | X | |
| Toasted Chicken Fajita Sandwich | Fajita Chicken Strips | Tyson | 522-928 | | | X | | | | | | | Contains garlic, dextrose, maltodextrin, modified food starch-type not specified. Product info states no gluten-containing ingredients. *May contain milk, egg, soy, and sesame |
| | Pepper Jack Slice | Land O Lakes | 44238 | | | | X | | | | | | |
| | Whole Grain Sub Roll | Rich's | 8763 | | X | * | * | | | * | | | |
| Toasted Meatball Sub | Beef Meatballs | Advance | CN 1-17-505-0 | | X | X | X | | | | | | Contains Garlic, Natural Flavors *May contain milk, egg, soy, and sesame |
| | Shredded Mozzarella Cheese | Land O Lakes | 41698 | | | | X | | | | | | |
| | Homemade Marinara Sauce (A-6001) | onion, basil, salt, tomato sauce, garlic, pepper | | X | | | | | | | | | |
| | Whole Grain Sub Roll | Rich's | 8763 | | X | * | * | | | * | | | |

| HS TEX-MEX LINE CHOICES | INGREDIENTS | PRODUCT | DISTRIB CODE | None | Wheat | Soy | Milk | Peanut | Tree Nut | Egg | Shell-fish | Fish | Other |
|-------------------------|-------------------------|---------------|--------------|------|-------|-----|------|--------|----------|-----|------------|-------------------------|-------------------------|
| Pico de Gallo (A-6004) | Tomato, Onion, Cilantro | Fresh Produce | | X | | | | | | | | | |
| | Jalapeno Peppers | | | X | | | | | | | | | Contains garlic, spices |
| | Salt | | | X | | | | | | | | | |
| Homemade Salsa (A-6005) | Diced Tomatoes | | | X | | | | | | | | | |
| | Jalapeno Peppers | | | X | | | | | | | | | Contains garlic, spices |
| | Onion, Cilantro | Fresh Produce | | X | | | | | | | | | |
| | Cumin | | | X | | | | | | | | | |
| | Salt | | | X | | | | | | | | | |
| Sour Cream | | Daisy | | | | | | X | | | | | |
| Jalapenos | Jalapeno Peppers | | | X | | | | | | | | Contains garlic, spices | |

