

## Frisco ISD Nutrition Program Account Restriction Form – High School 2018-2019

### WHAT IS A MEAL?

Frisco ISD participates in the National School Breakfast and Lunch programs and receives government reimbursement and donated commodities for each meal served. In return, the district must serve meals which comply with specific guidelines based on the 2010 Health Hunger Free Kids Act and USDA Standards. All schools must offer foods, individually or in combination dishes, from the following main food groups (called meal components): Grains, Meat or Meat Alternative, Milk, Fruit, and Vegetable.

Students are encouraged to try an item from each offered component and may select all 5 of the offered components for the best possible nutrition. The minimum number of components required is 3 for a well-balanced, reimbursable meal. All reimbursable meals must include the selection of at least 1 fruit or 1 vegetable. Students who select fewer than 3 components, or who do not choose a fruit or vegetable will be charged for their selections based on a la carte prices. **THIS APPLIES TO BOTH BREAKFAST AND LUNCH.**

Frisco ISD uses the Offer vs Serve method to allow students more flexibility when choosing from multiple main dishes, side dishes, fruits and vegetables every day. Daily non-fat milk options include white and chocolate. One or more vegetarian options are offered each day. Frisco ISD follows all federal, state, and local school nutrition regulations. For more information about the specific guidelines concerning student meals, please visit [www.fns.usda.gov](http://www.fns.usda.gov).

### MEAL ACCOUNT vs GENERAL ACCOUNT

Our online payment system offers two options for managing your child's spending on their account: Meal Account or the General Account.

#### Meal Account

To guide your child toward purchasing a Power Meal, simply place money in the Meal Account at [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com). Meal Account money may only be used to purchase qualified Power Meals. If you put money in the Meal Account, your child will only be able to purchase one Power Meal per meal period. **Money in the Meal Account cannot be used to purchase a la carte items, or pay for adult/guest lunches if you choose to have lunch with your child.** To allow your child to purchase items besides the Power Meal, you will need to place money in the General Account or send money with your student.

#### General Account

Money held in the General Account may be used to purchase any food item your Frisco Café offers, including Power Meals. Put all money in this account if you do not wish to restrict your child's food selections. If you put money in the General Account, your child will be able to purchase a Power Meal, purchase a la carte items, have an a la carte spending limit, or a daily spending limit (breakfast and lunch combined total). In addition, you may use this account if you have lunch with your child.

If you wish to restrict your child's purchases to a daily spending limit (breakfast and lunch combined) or not allow your child to charge a meal if there are insufficient funds in the account, please complete this form and email it to us at [friscocafe@friscoisd.org](mailto:friscocafe@friscoisd.org) or mail to Frisco ISD, Nutrition Program, 12050 Rolater Road, Frisco, TX 75035. Forms submitted electronically do not require a parent signature.

### DAILY SPENDING LIMIT

**Daily Spending Limit** – Select this option if you want to restrict your student's daily spending but do not wish to require the purchase of the Power Meal. The spending limit will be Breakfast (\$1.50) and Lunch (\$3.80 Premium Power Meal) combined, not an individual limit per meal period. **DAILY LIMIT WILL AUTOMATICALLY BE SET AT \$5.30 UNLESS SPECIFIED OTHERWISE.**

Spending Limit: \$ \_\_\_\_\_

### NO CHARGING ALLOWED:

Our Unpaid Meal Policy is to ensure that all students are provided with a healthy meal during the day, even if their account does not have adequate funds in it. Students with no money in their account will be allowed a grace-period to "charge" up to \$15.00 for full pay students and \$1.50 for reduced pay students. This will allow time for parents to be notified and funds to be deposited in the student's account. Students may **not** charge any a la carte items. After charging \$7.00, parents will be notified by the supervisor along with an automated call. After charging \$10.00, the school principal and counselor will be notified of students reaching this limit. After the student reaches the maximum charge limit, the student will receive and be charged for courtesy meals. The complete policy is available for review at [www.friscocafe.org](http://www.friscocafe.org).

If you do not want your student to be allowed to charge when account funds are insufficient, please check this box. **By checking this box, you acknowledge that you understand meals will NOT be provided to the student named below if account does not have the necessary funds to purchase a meal. However, (a) if student comes to school without food, (b) if food is damaged/destroyed during school day, or (c) emergency meals are required to be served at this campus, student will be allowed to charge a meal. Parent will be notified if this situation occurs.**

### OTHER RESTRICTIONS

Dietary Restriction **other than food allergies/disabilities** as indicated on the Food Allergy/Disability Substitution Form. If dietary restriction is due to food allergy, please use the Food Allergy/Disability Substitution Form.

Restriction: \_\_\_\_\_

School			
Name of Student			
Name of Parent		Date	
Signature		Phone	

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider. 06-2018